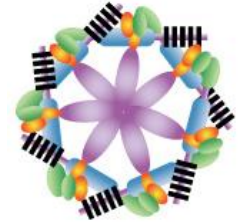


18^e Réunion Annuelle des Jeunes Néphrologues
Paris, 17 mars 2018, #Immunity_Report



#PD_inflammation

Johann Morelle, MD, PhD

*Cliniques universitaires Saint-Luc
Institut de Recherche Expérimentale et Clinique
Université catholique de Louvain, Bruxelles
Johann.Morelle@uclouvain.be*



#PD_inflammation

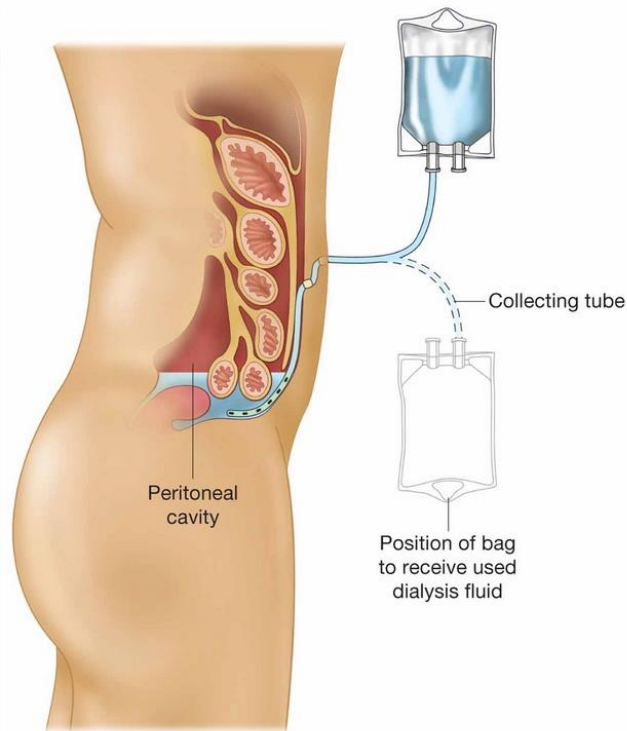


It's a Match!

...unfortunately.

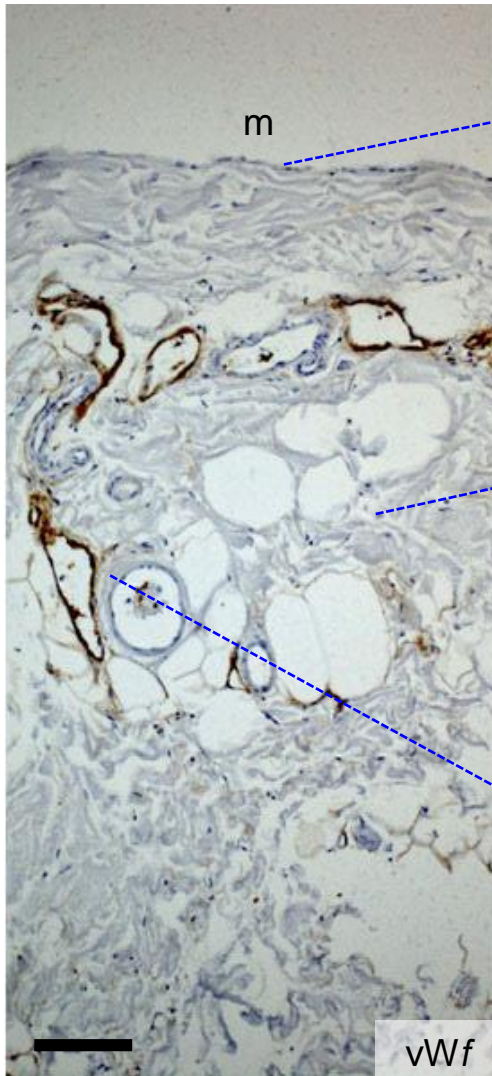
Yet, a better understanding of why 'It's a match' may help further improving the safety and efficiency of PD as a unique and valuable form of dialysis for patients with ESRD

Peritoneal dialysis for the treatment of ESRD



- Main **home-based dialysis** technique worldwide
- **Aims at restoring electrolyte and fluid balance** in patients with end-stage renal disease (diffusion and osmosis)
- Uses a **natural 'dialysis' membrane**, the peritoneum

The peritoneal membrane: structure and function



Mesothelium:

- No role in peritoneal transport
- Critical for the **protection of the membrane** (release of pro-inflammatory/angiogenic/fibrotic cytokines and growth factors)

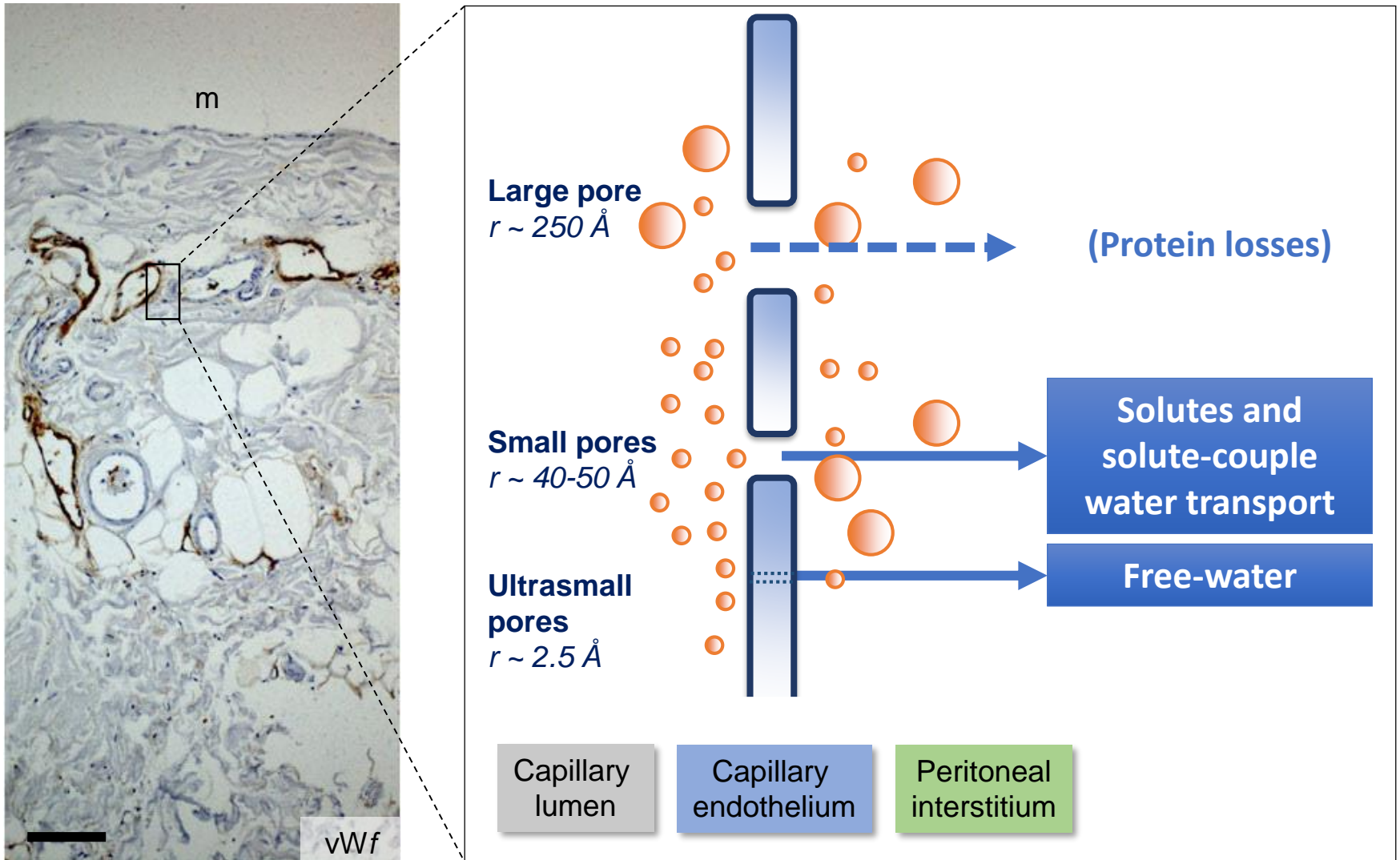
Interstitium:

- 'Scaffold'
- Collagen fibres, mucopolysaccharides hydrogel
- Fibroblasts, adipocytes, **immune cells** (macrophages)

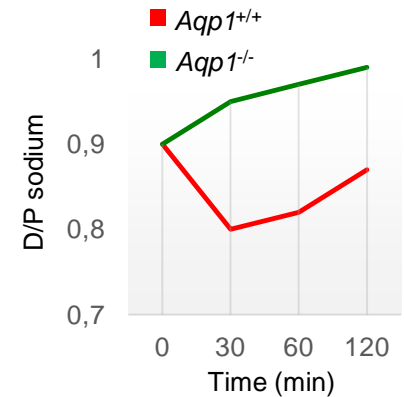
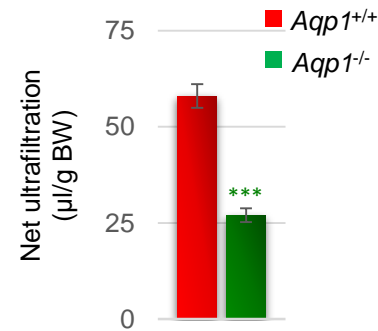
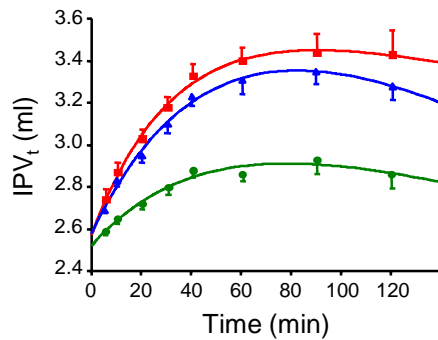
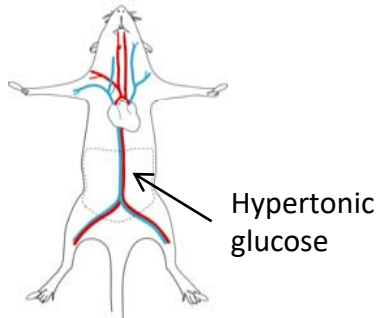
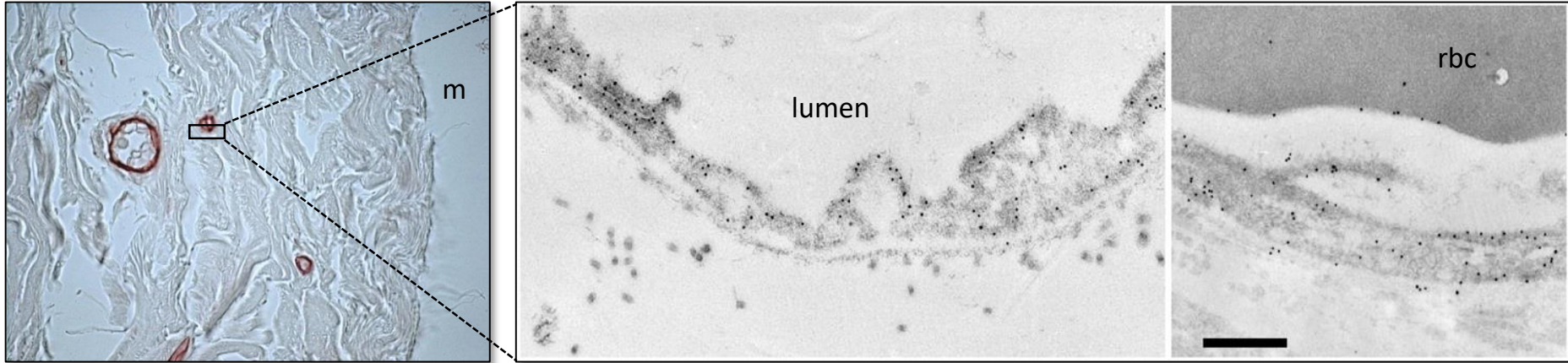
Dense network of capillaries and small vessels:

- Solute and water transport

The peritoneal membrane: structure and function



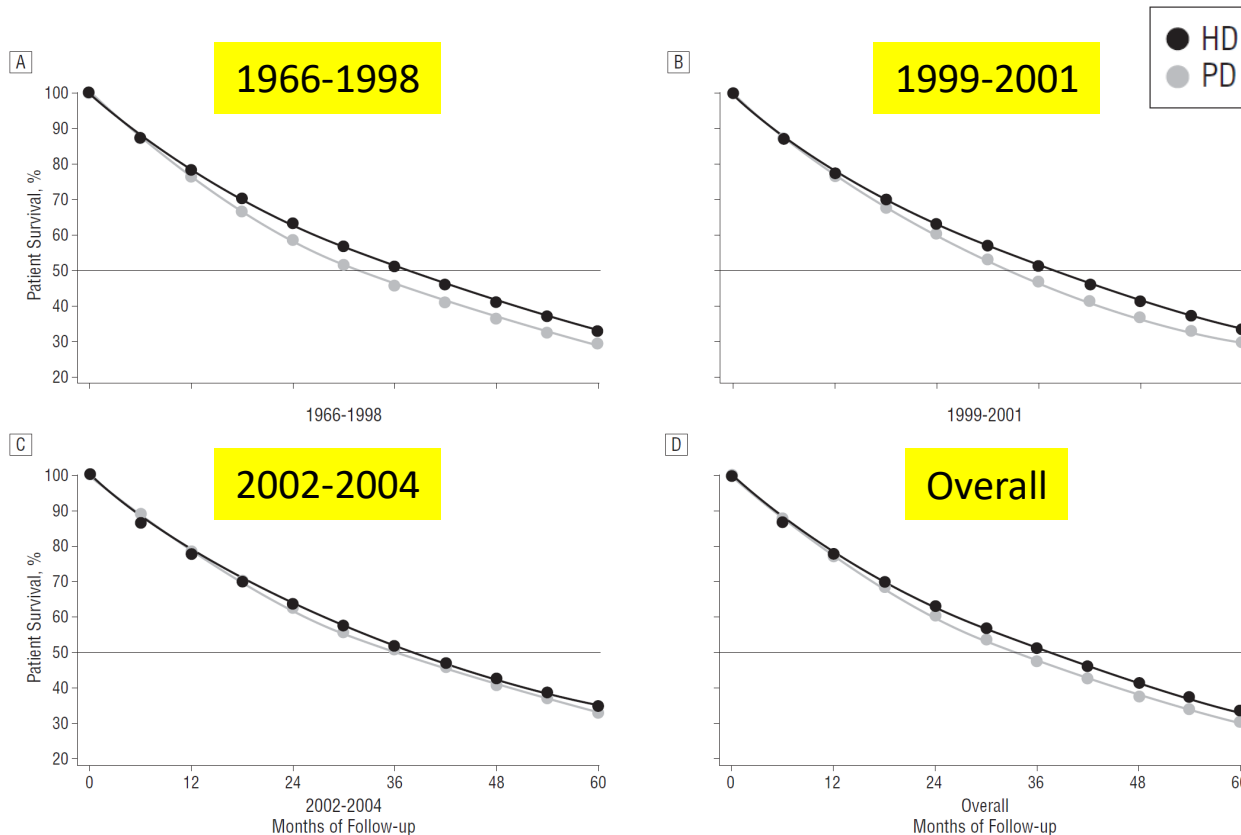
Aquaporin-1 and water transport in PD



Endothelial AQP1 → ultrasml pore
50% of water removal in PD

Survival rates in PD vs HD

USRDS, 1996-2004 -n = 620 020 patients on HD; 64 406 on PD



- Similar survival rates - constant improvement for PD
- Specific advantages of PD: flexibility and autonomy, lower costs, safer use

However, in 2018, PD still has (too many) drawbacks...

1. High prevalence of **fluid overload** (i.e. patients 'fast transporters')
2. **Membrane damage**, UF/technique failure, and encapsulating peritoneal sclerosis (EPS) in patients on long-term PD
3. Excessive rate of **cardiovascular events/mortality**

Common link = excess of inflammation

ESRD and PD

Peritoneal dialysis

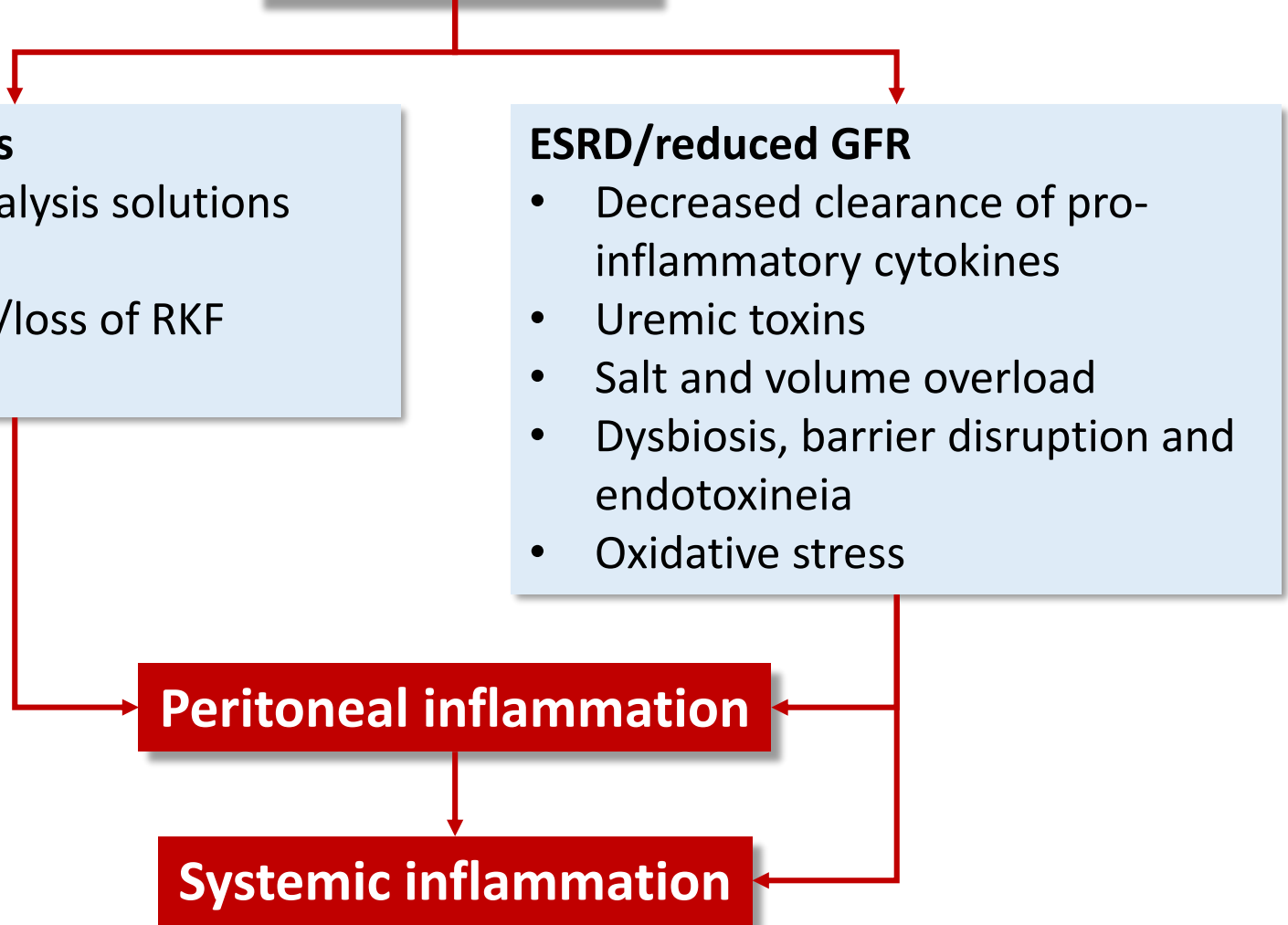
- Exposure to dialysis solutions
- Peritonitis
- Fluid overload/loss of RKF
- Gene variants

ESRD/reduced GFR

- Decreased clearance of pro-inflammatory cytokines
- Uremic toxins
- Salt and volume overload
- Dysbiosis, barrier disruption and endotoxemia
- Oxidative stress

Peritoneal inflammation

Systemic inflammation



#PD_inflammation

*Inflammation, solute transport
and the risk of fluid overload*

*Inflammation, membrane damage and EPS
in long-term PD*

*Preventing or modulating peritoneal
inflammation to improve outcome in PD*

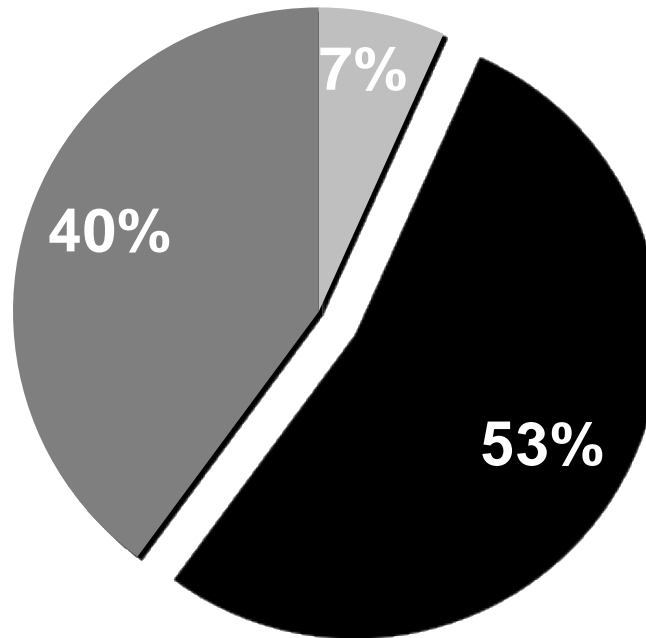
Inflammation and cardiovascular mortality

High prevalence of fluid overload in PD patients

EuroBCM study

639 prevalent PD patients
28 centres, 6 countries

BCM Body
Composition
Monitor

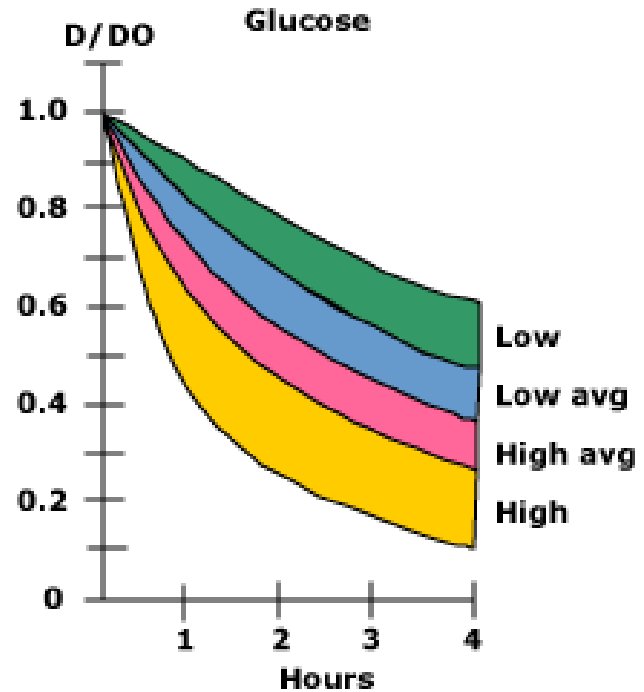
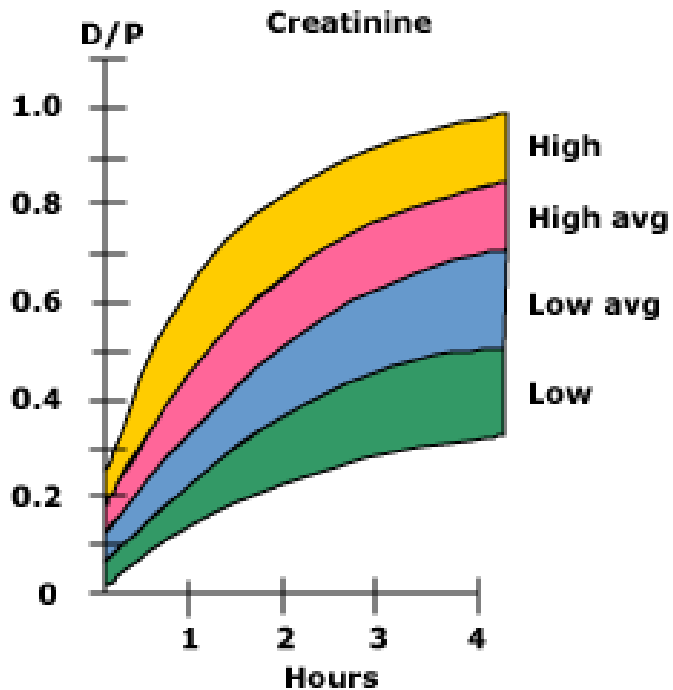


- Dehydration
- Fluid overload
- Euvolemia

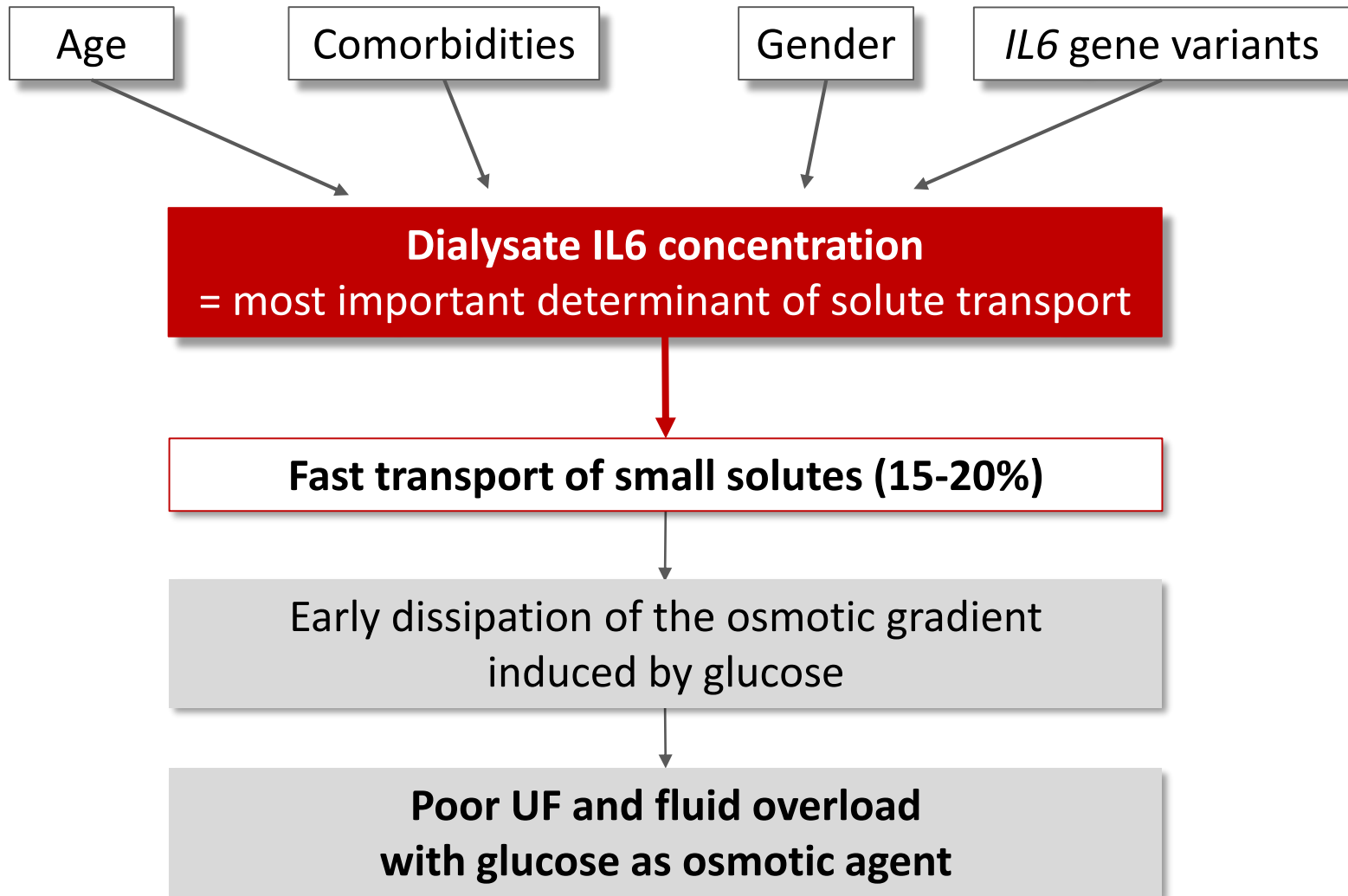
One of the main risk factors to develop hypervolemia:
'fast transport' status

Fast transport status?

Peritoneal equilibration tests \rightarrow kinetics of D/P_{creat} to evaluate peritoneal solute transport

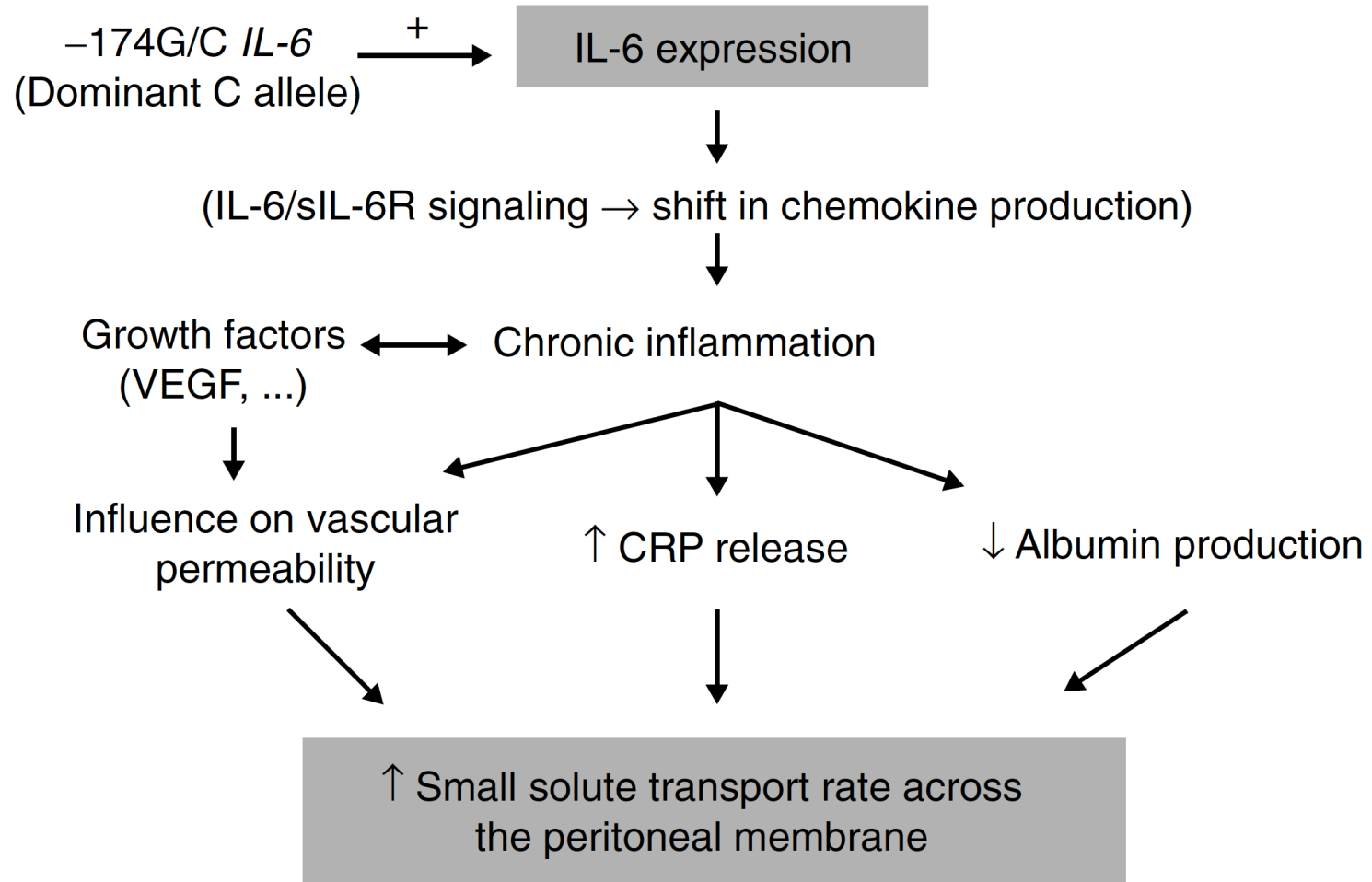


Peritoneal inflammation, solute transport and poor UF



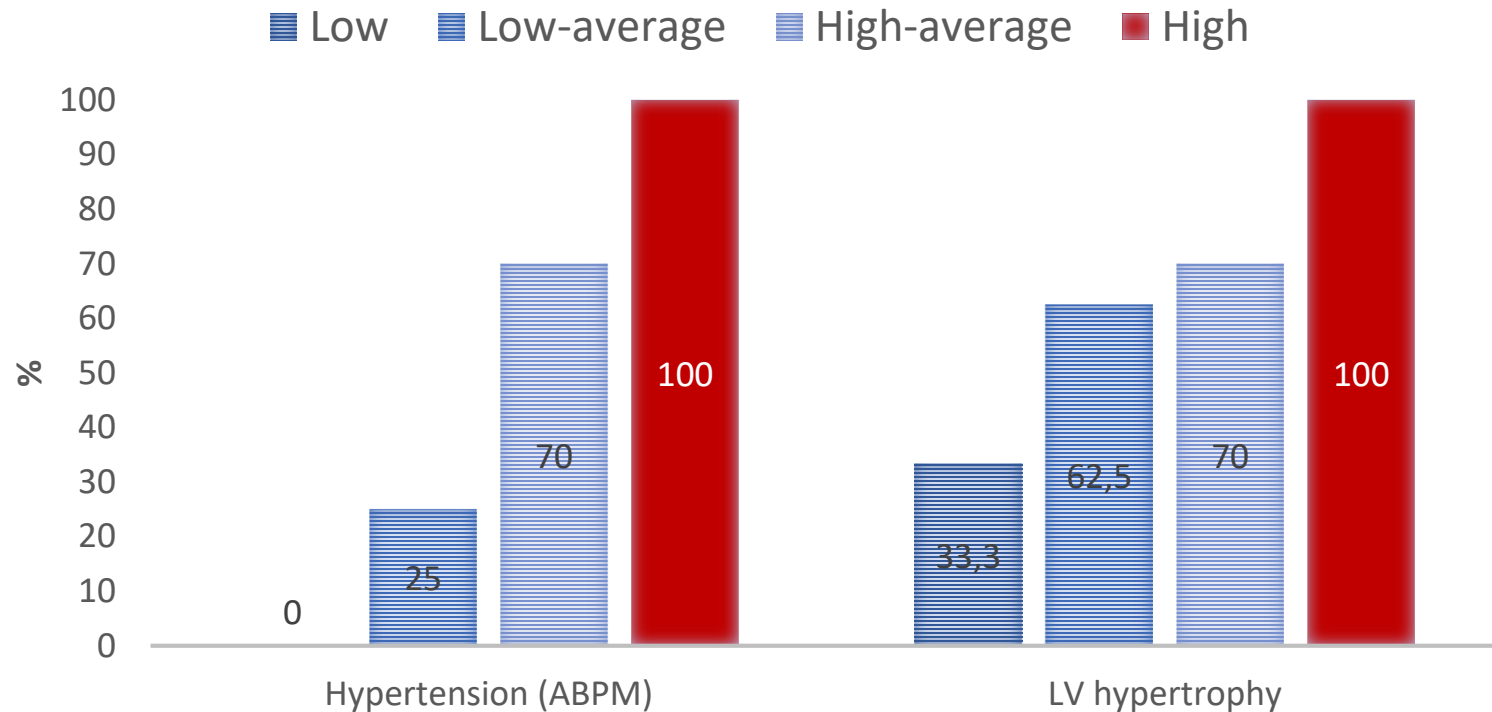
Genetic predisposition to peritoneal inflammation?

IL6 gene variants and solute transport



Fast transport status leads to fluid overload

Prevalence of hypertension (24-h ABPM) and LV hypertrophy in prevalent PD patients according to transport status



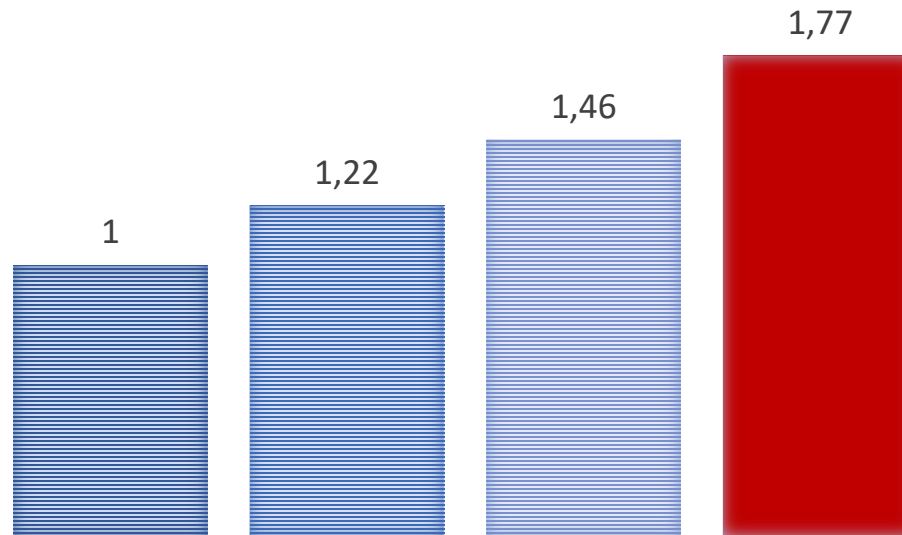
*Patients with fast transport status on CAPD
Fluid overload → Increased risk of death from cardiovascular events*

Impact of baseline peritoneal solute transport on the risk of death

2006 – meta-analysis - 20 observational studies
Mainly CAPD, glucose only

RISK OF DEATH ACCORDING TO TRANSPORT STATUS

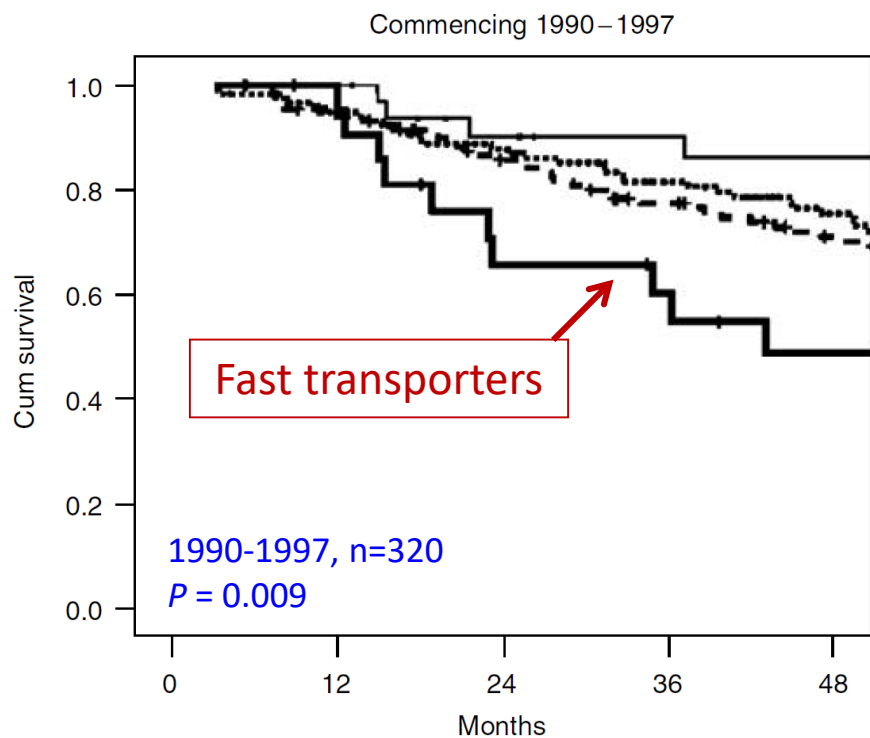
■ Slow ■ Slow-average ■ Fast-average ■ Fast



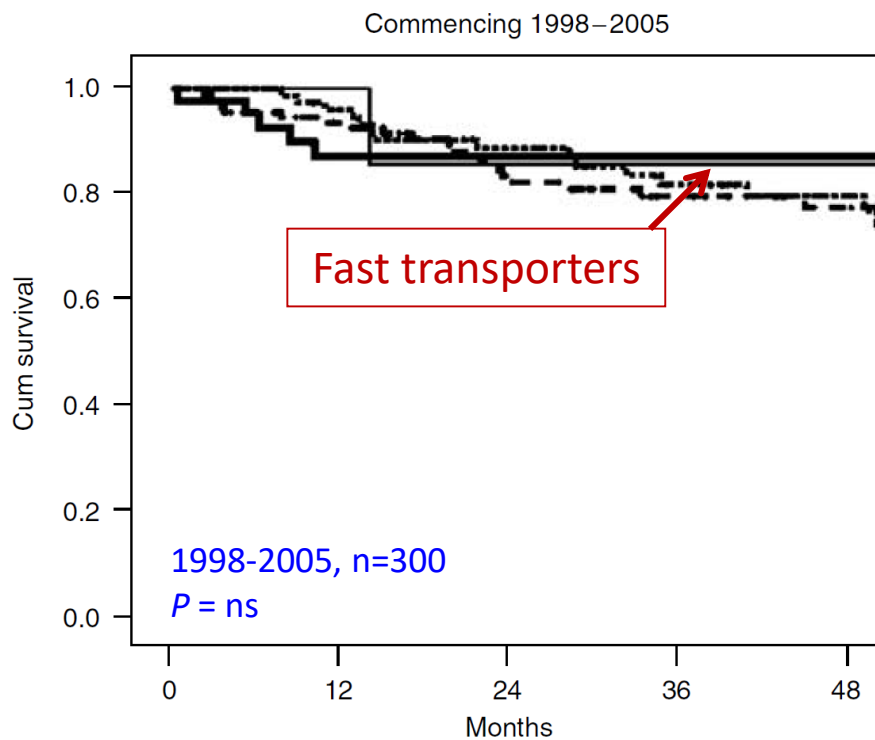
Fast transport status → higher mortality risk

Individualizing PD prescription improves outcome in fast transporters

Survival on PD according to transport category at the start of treatment (Stoke experience)



CAPD only
Glucose as the only osmotic agent



Automated PD with short dwells
Use of icodextrin

#PD_inflammation

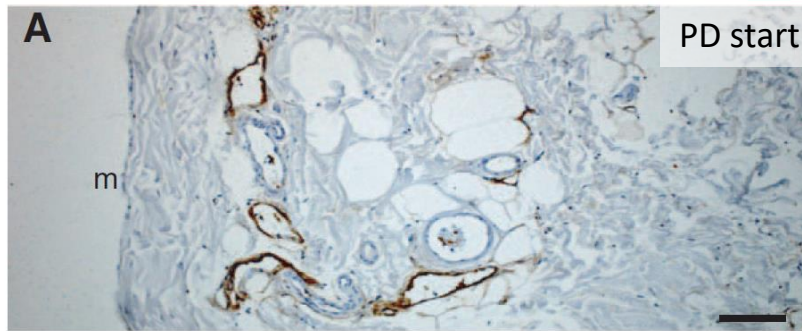
*Inflammation, solute transport
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*Inflammation, membrane damage and EPS
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*Preventing or modulating peritoneal
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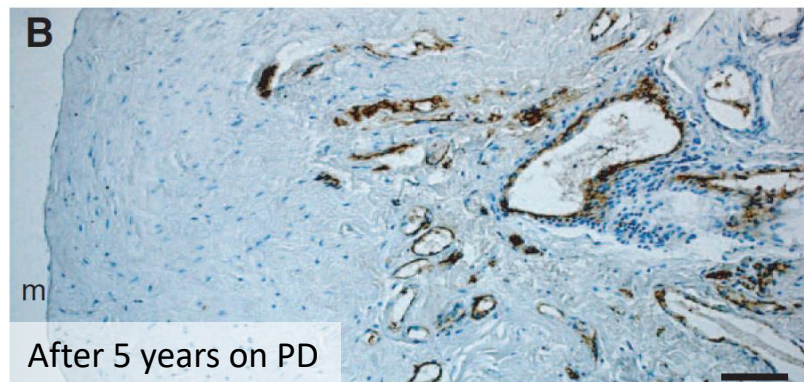
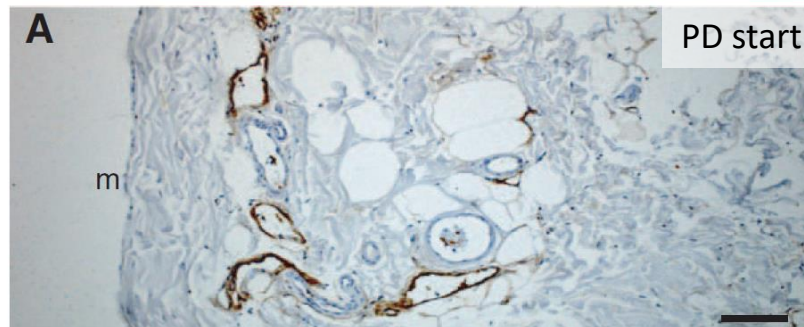
Inflammation and cardiovascular mortality

Alterations of the membrane in long-term PD



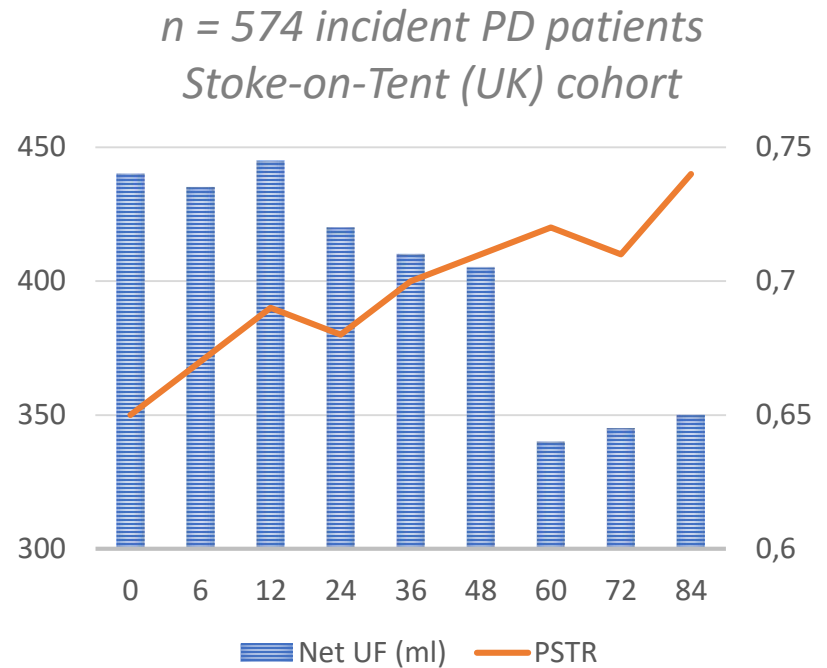
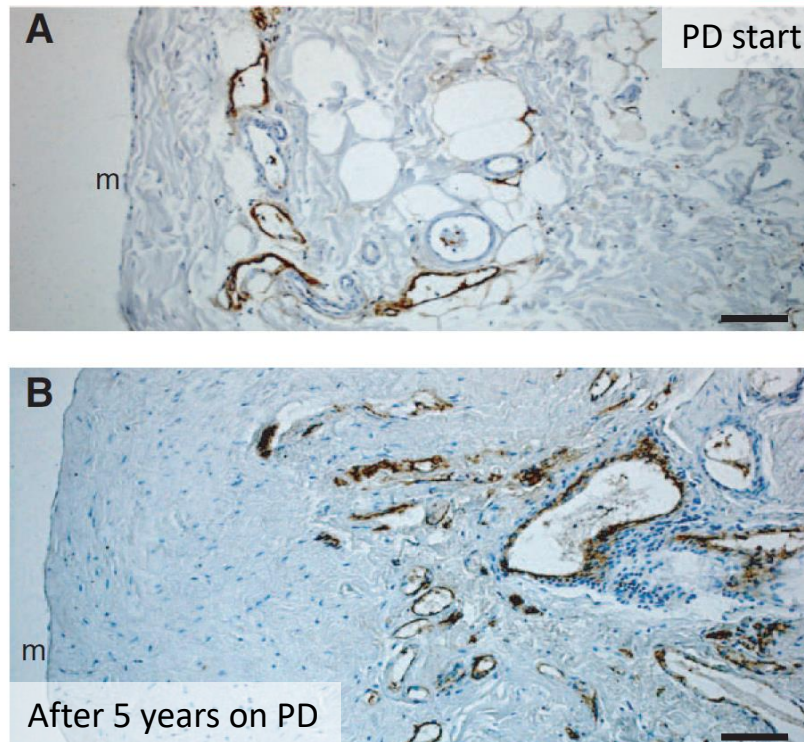
*The peritoneum
is a living tissue*

Alterations of the membrane in long-term PD



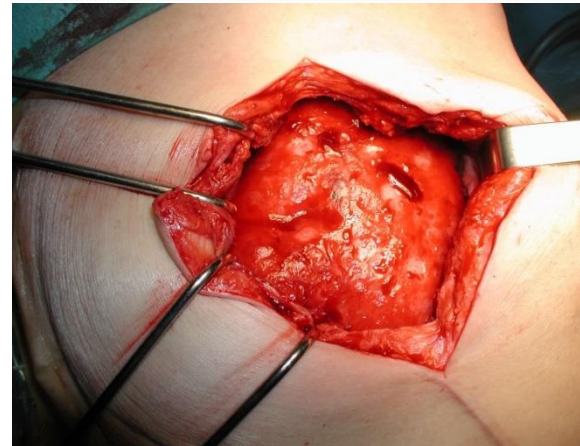
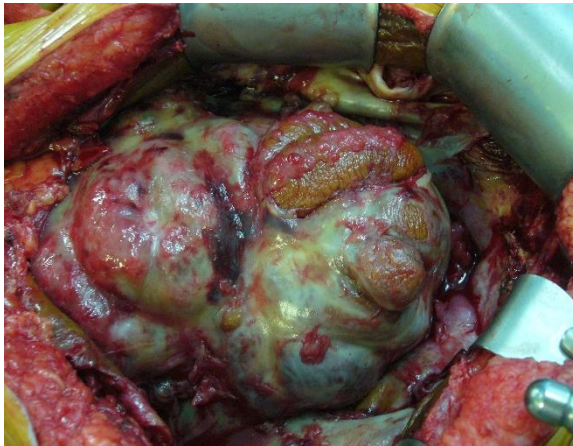
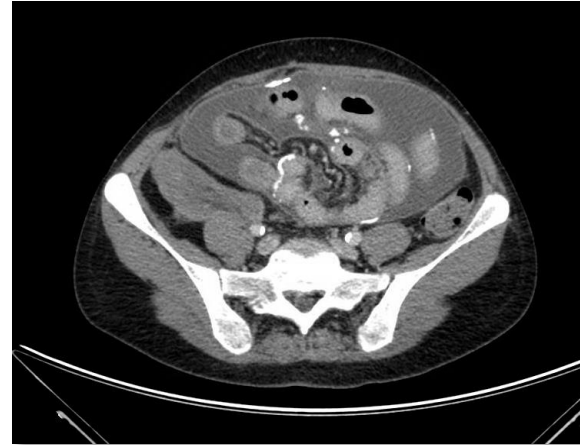
- Loss of mesothelial cell integrity
- Submesothelial fibrosis
- Vascular proliferation/angiogenesis

Alterations of the membrane in long-term PD



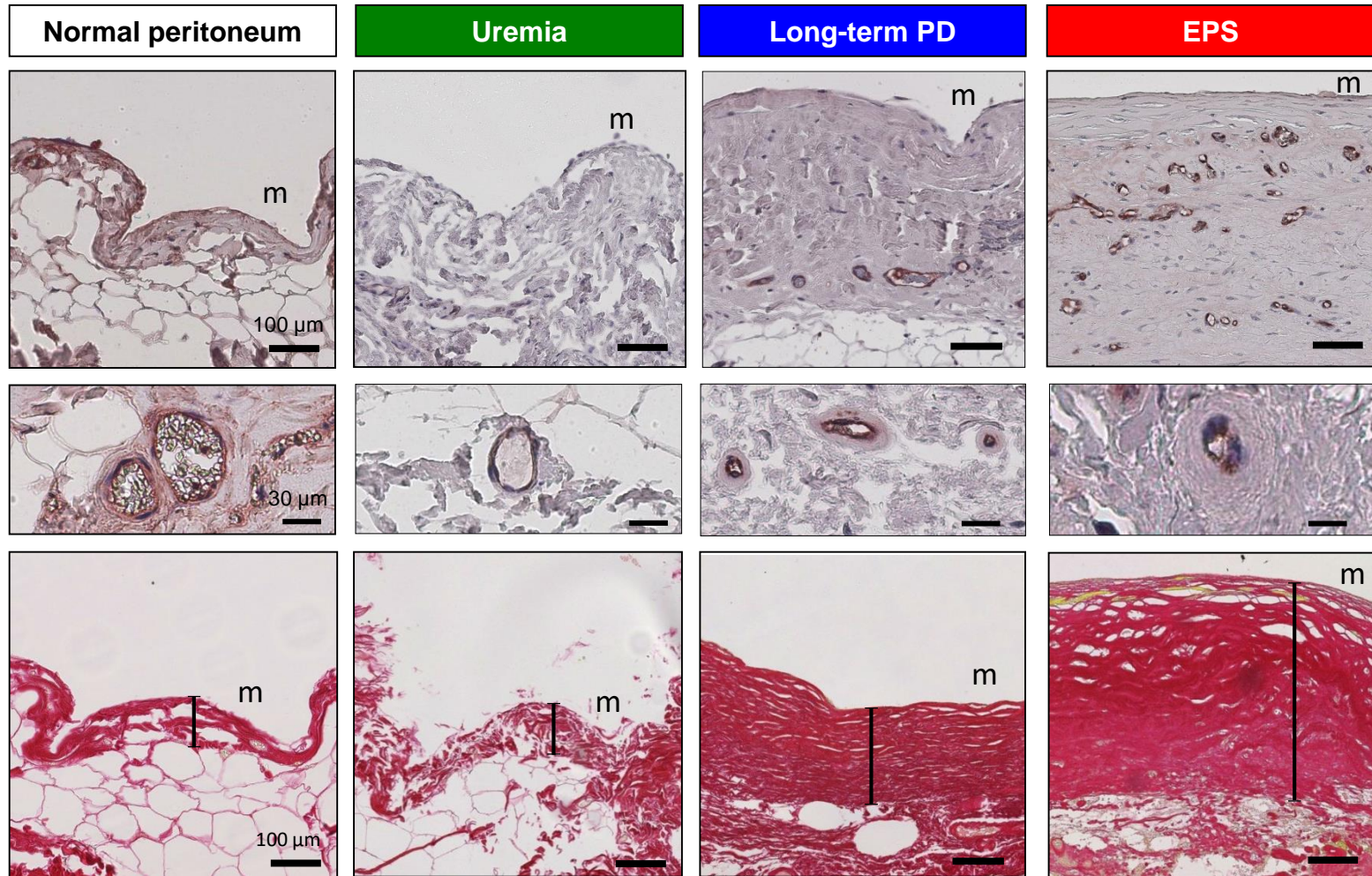
Progressive increase in solute transport
Loss of UF capacity

Encapsulating peritoneal sclerosis (EPS)

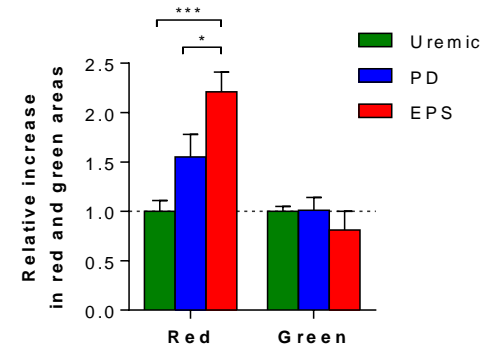
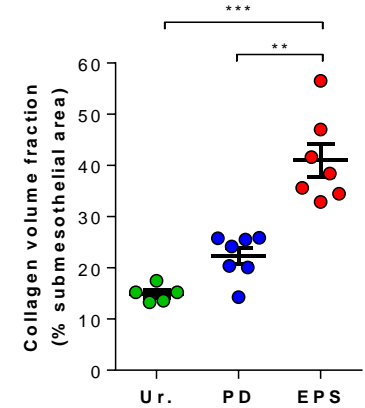
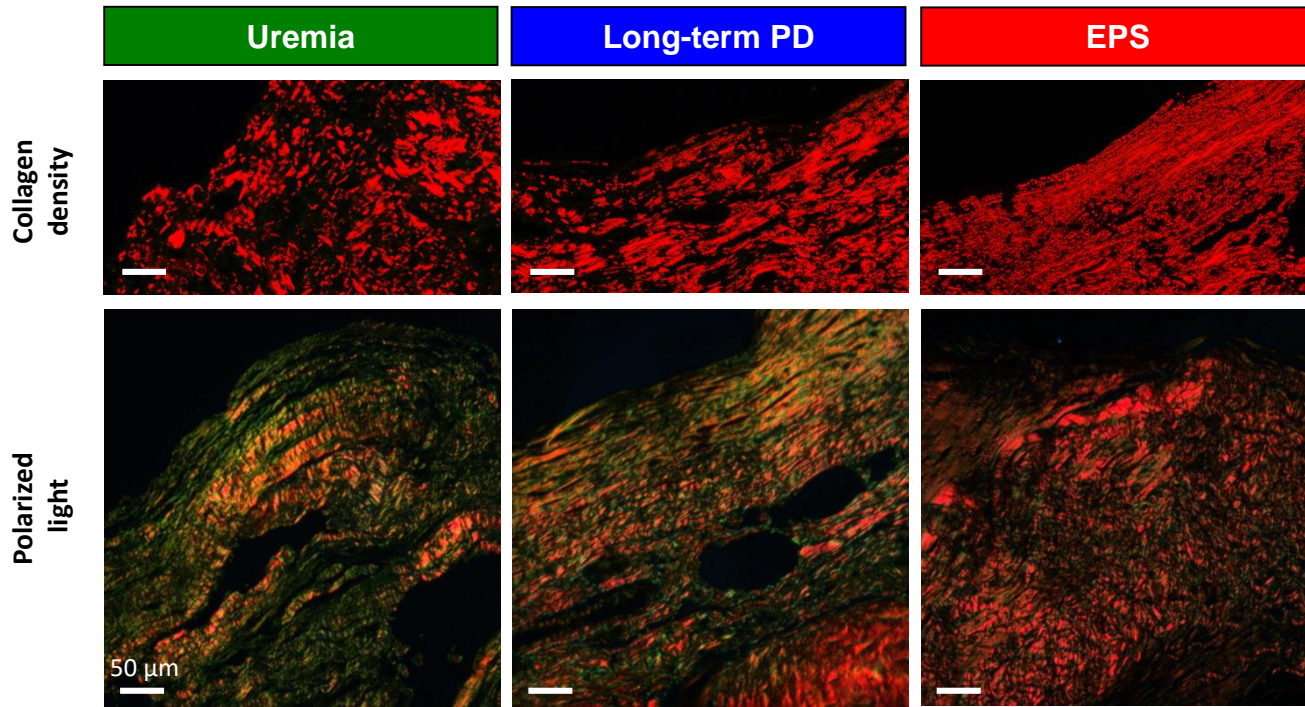


Very uncommon complication of long-term PD - Excessive fibrogenic response in the peritoneal membrane that encapsulates the bowel, leading to bowel obstruction

Modifications in the membrane of patients with EPS



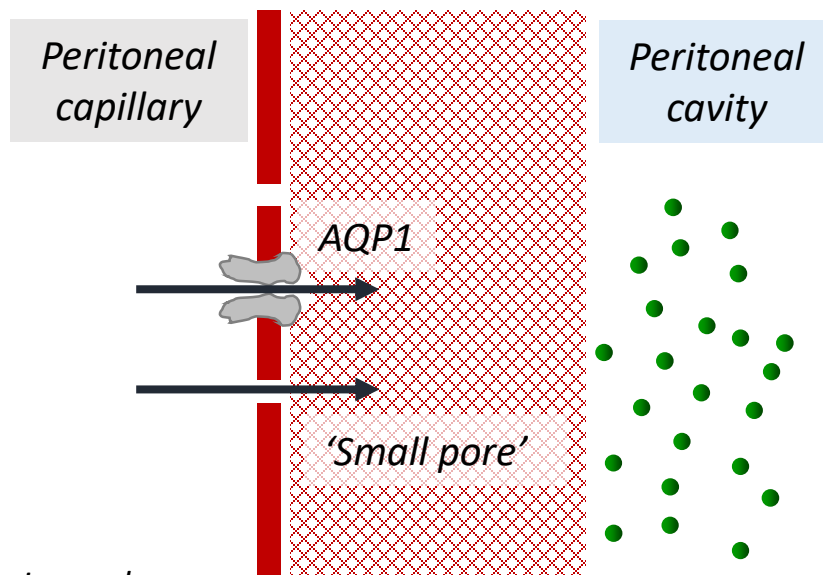
Qualitative changes in the interstitium of patients with EPS



Polarized light	Green	Orange-red
Fiber \emptyset	20-40 nm	> 60 nm
Collagen	Type III	Type I
Wound-healing	Early stages	Late stages

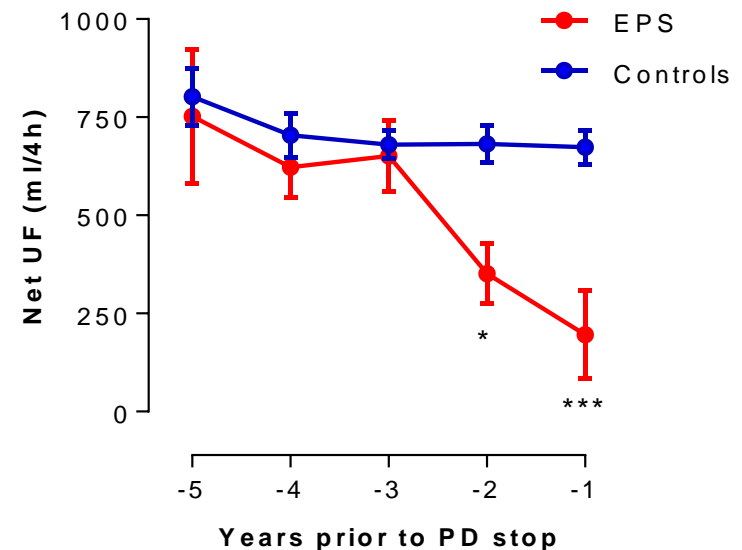
EPS and loss of peritoneal osmotic conductance

234 incident PD patients, 1994-2013, Saint-Luc Academic Hospital, Brussels
7 patients with EPS *versus* 28 (4:1) matched controls – yearly 3.86% glucose-based PET



Legend

- Endothelium
- Dialysate glucose
- Osmotic water flow
- Fibrotic interstitium



ESRD and PD

Peritoneal dialysis

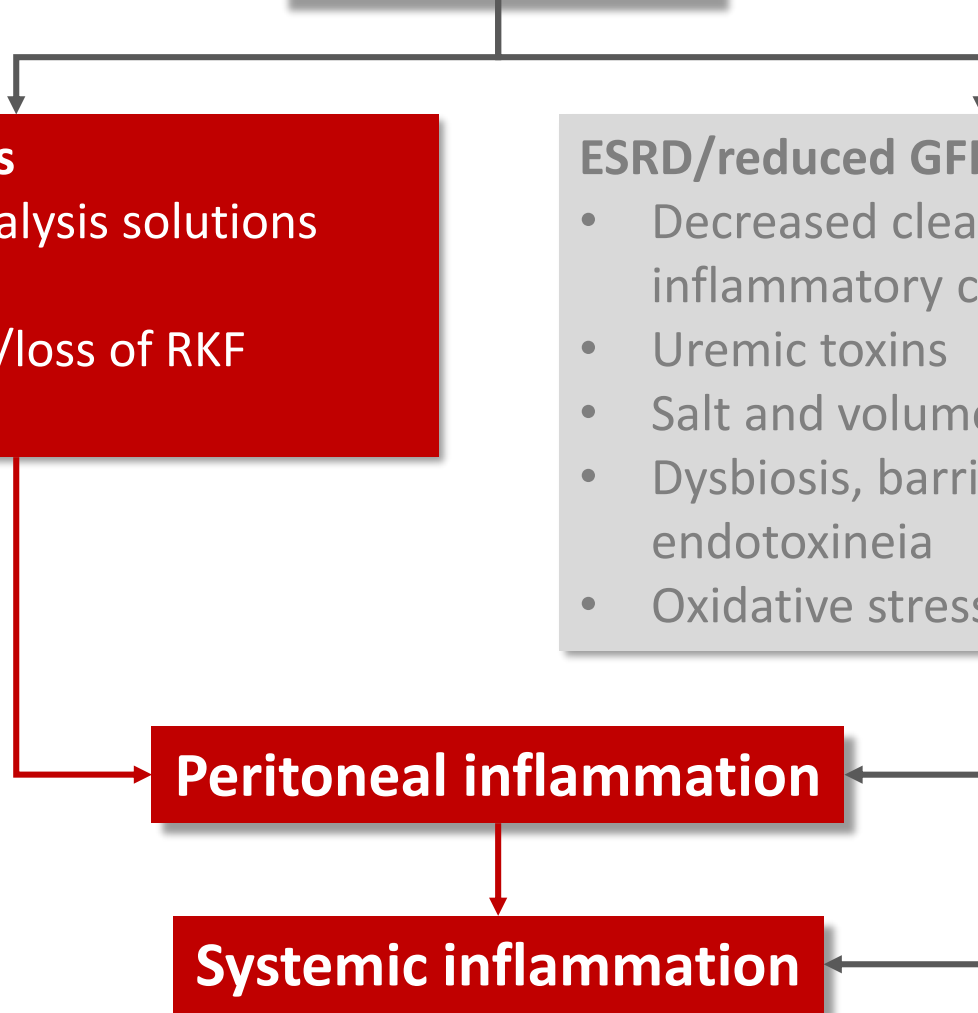
- Exposure to dialysis solutions
- Peritonitis
- Fluid overload/loss of RKF
- Gene variants

ESRD/reduced GFR

- Decreased clearance of pro-inflammatory cytokines
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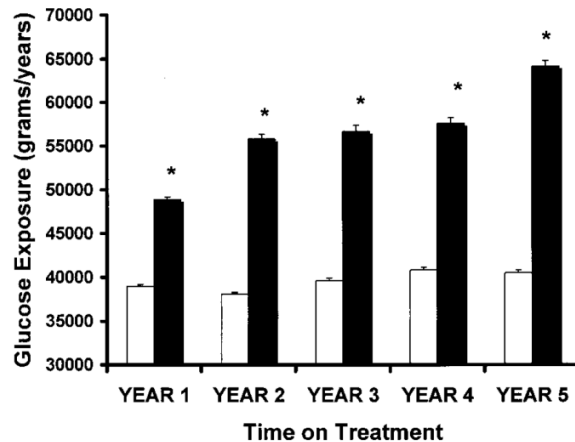
Peritoneal inflammation

Systemic inflammation

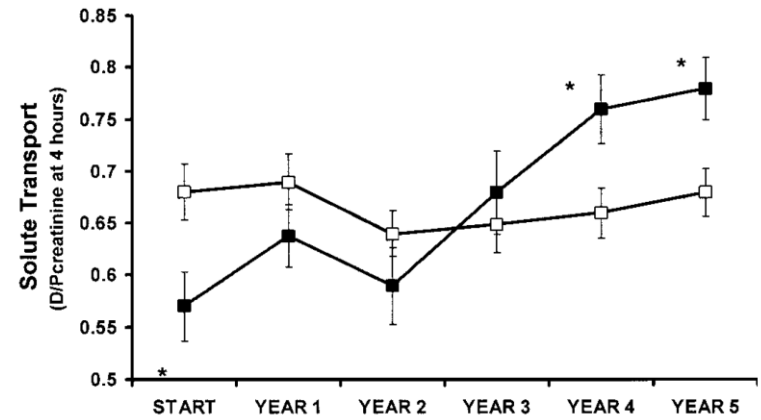


Exposure to glucose and 'bio-incompatible' solutions

Excessive glucose exposure



Acceleration of solute transport



Bio-incompatibility
of 'conventional'
dialysis solution

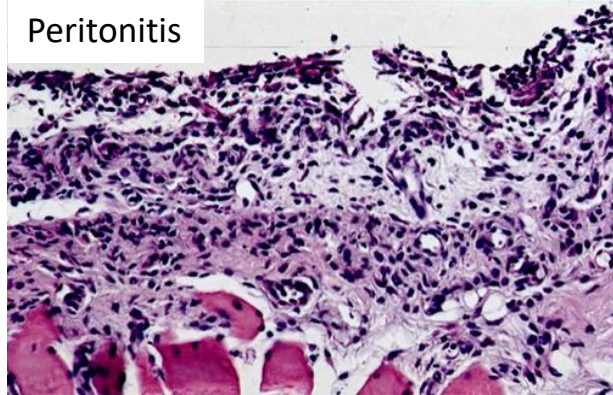
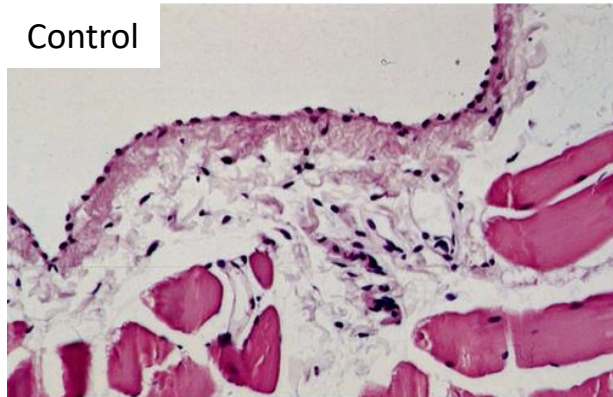
High glucose concentration

Acidic pH/lactate buffer

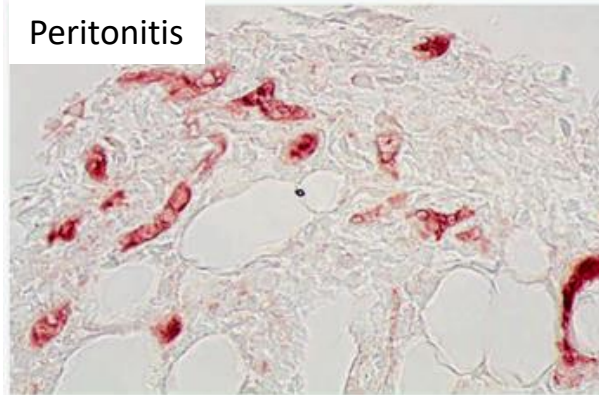
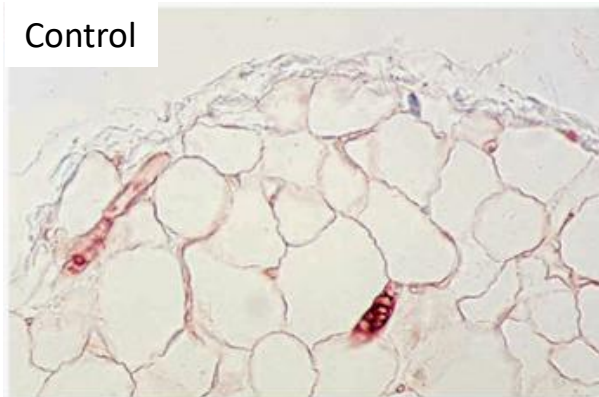
GDPs et AGEs (heat sterilization)



PD-associated peritonitis



Inflammatory infiltrate

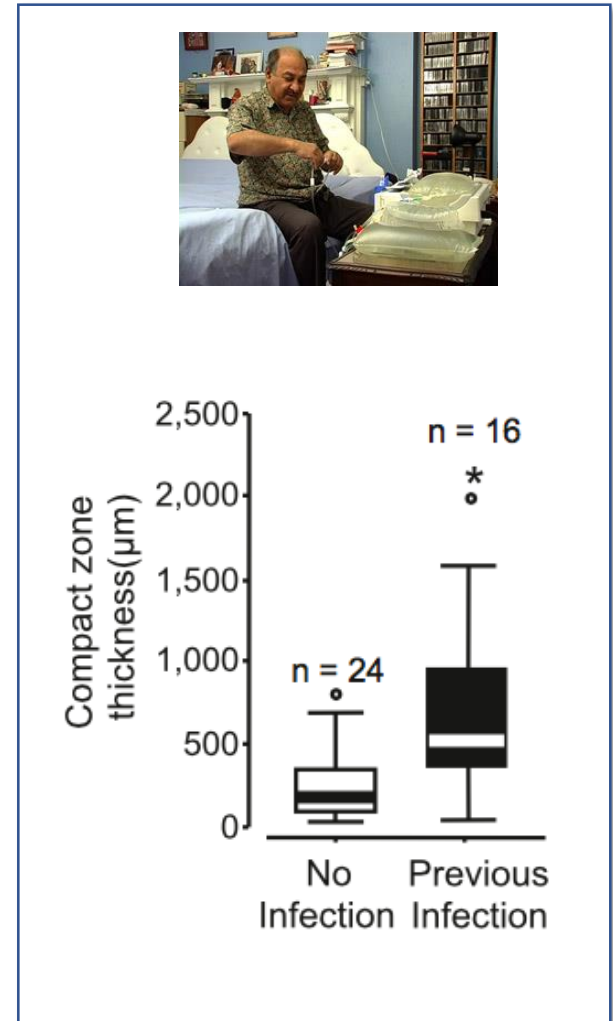
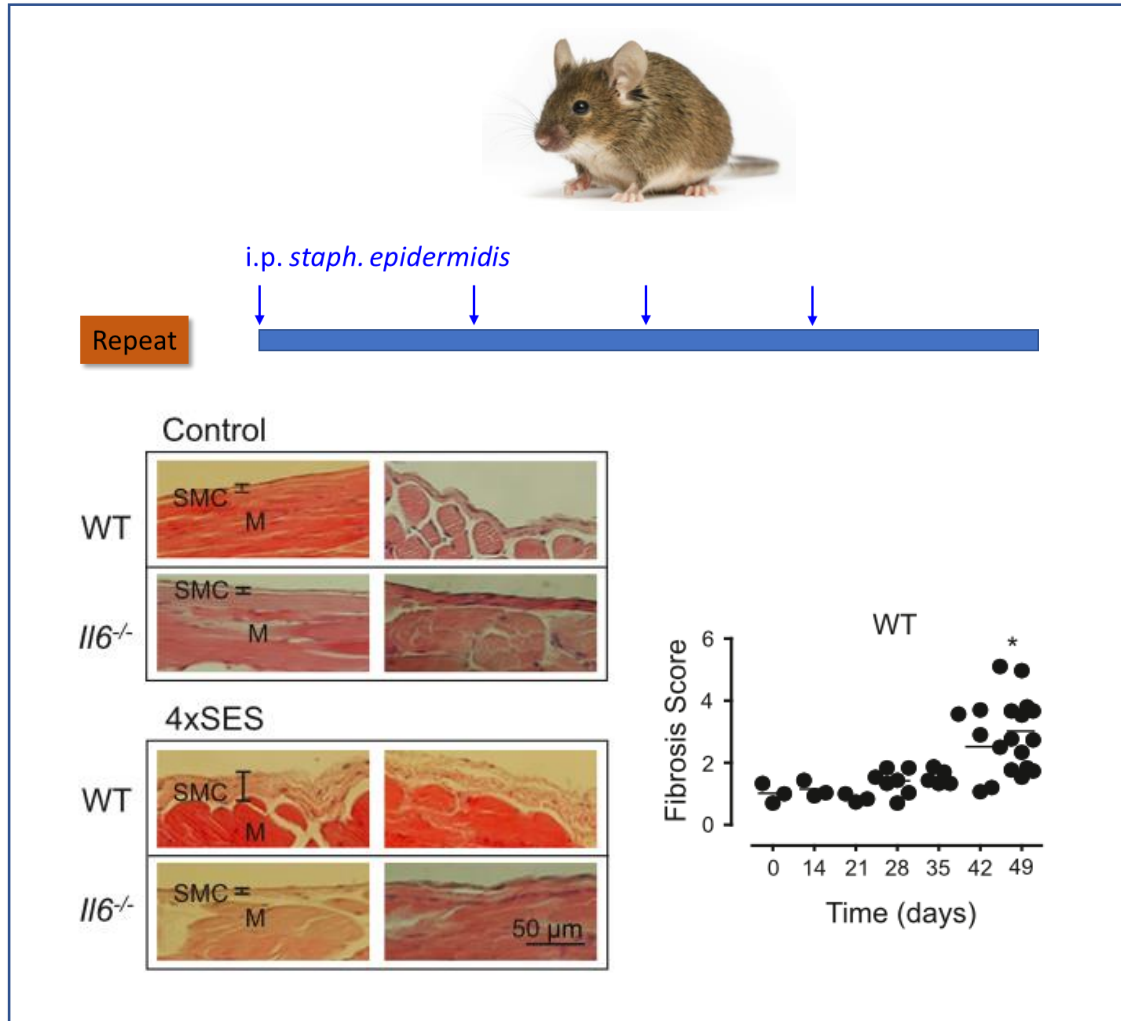


Vascular proliferation

Staph. epidermidis-induced peritonitis (5 days)

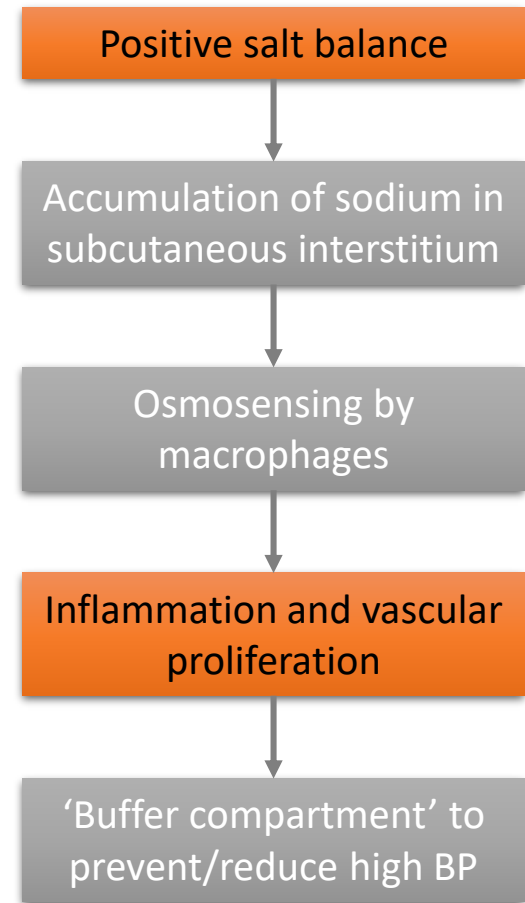
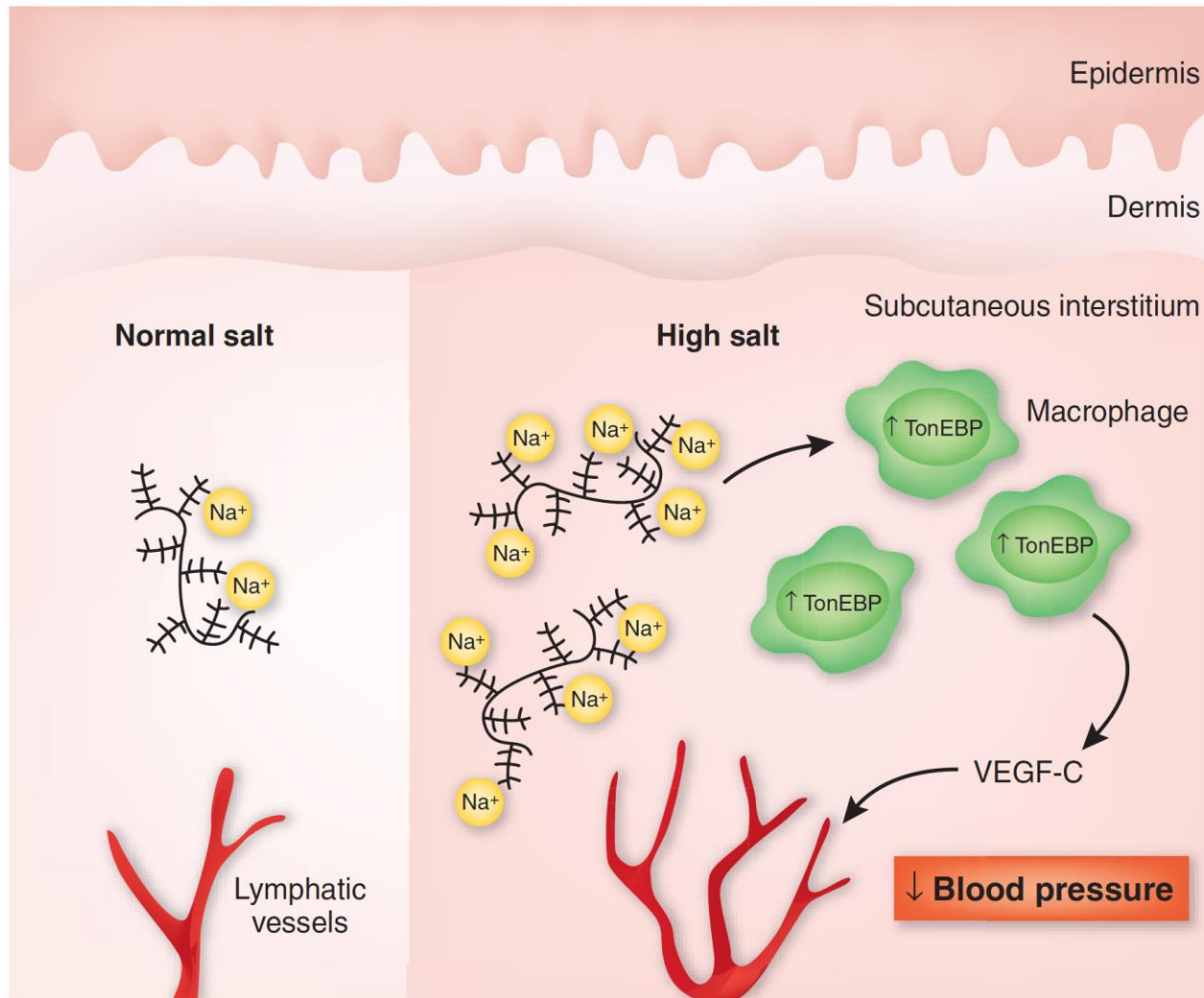
- Fast solute transport
- Loss of UF
- Increased morbidity and mortality

Repeat episodes of peritonitis, inflammation and fibrosis



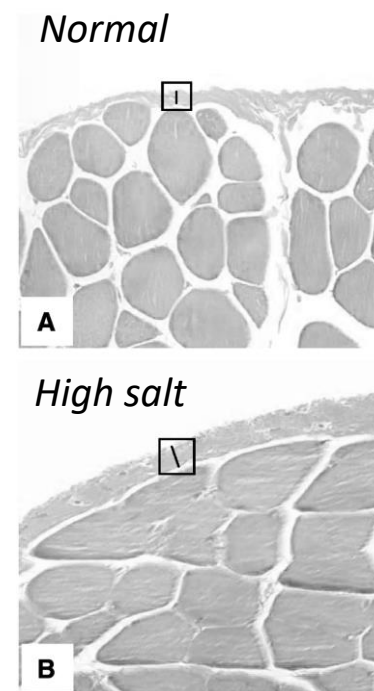
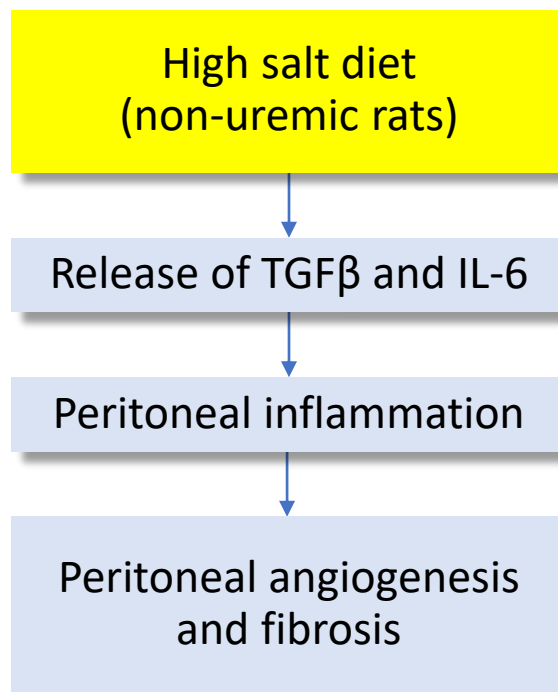
Repeat/severe episodes of peritonitis → peritoneal fibrosis (IL-6 dependent)

Accumulation of salt, osmo-sensing and inflammation

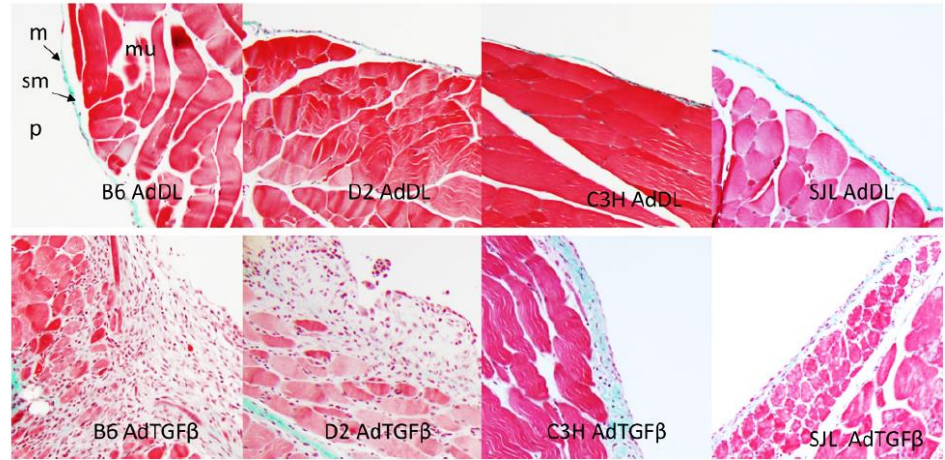
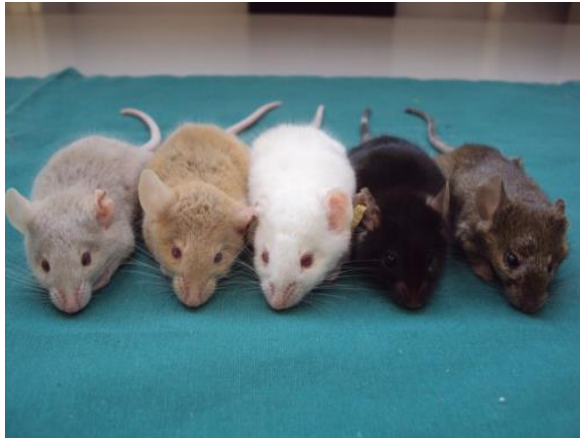


Preliminary Communication

Salt intake induces epithelial-to-mesenchymal transition of the peritoneal membrane in rats

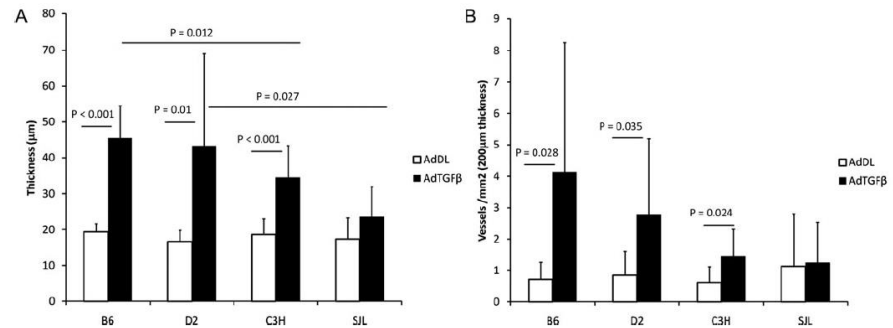


Transforming growth factor β -induced peritoneal fibrosis is mouse strain dependent*



Fibrotic response to TGF- β 1

Genetic background influences angiogenic and fibrotic responses in the peritoneal membrane



Peritoneal inflammation precedes encapsulating peritoneal sclerosis: results from the GLOBAL Fluid Study

Nested, case-control study, 11 EPS cases vs. 26 matched PD controls (centre and PD duration), GLOBAL fluid study

Dependent variable	EPS	
	Coefficient (95% CI)	P-value
Dialysate		
IL-6	0.79 (0.03, 1.56)*	0.043
IL-1 β	1.06 (-0.11, 2.23)	0.075
IFN- γ	0.62 (-0.06, 1.29)	0.073
TNF- α	0.64 (0.23, 1.05)*	0.002
Plasma		
IL-6	0.42 (0.07, 0.78)*	0.020
IL-1 β	0.66 (-0.65, 1.97)	0.33
IFN- γ	-0.30 (-0.69, 0.09)	0.14
TNF- α	0.13 (-0.13, 0.39)	0.31
Solute transport		
D/PCr	0.024 (-0.054, 0.102)	0.55

#PD_inflammation

*Inflammation, solute transport
and the risk of fluid overload*

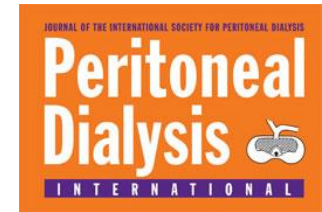
*Inflammation, membrane damage and EPS
in long-term PD*

*Preventing or modulating peritoneal
inflammation to improve outcome in PD*

Inflammation and cardiovascular mortality



ISPD statement



Length of Time on Peritoneal Dialysis and Encapsulating Peritoneal Sclerosis: Position Paper for ISPD – Update 2017

*Edwina A Brown, Joanne Bargman, Wim van Biesen, Ming-Yang Chang, Frederic O Finkelstein,
Helen Hurst, David W Johnson, Hideki Kawanishi, Mark Lambie, Thyago Proença de Moraes,
Johann Morelle, Graham Woodrow*

SUMMARY STATEMENTS

5. **No single strategy to reduce risk of EPS has been proven in clinical trials, but there is some evidence to support the following:**
 1. **Minimising dialysate glucose exposure**, although it is important to ensure that fluid volume status is not compromised as a result
 2. **Preventing acute PD-related peritonitis** using interventions recommended by the ISPD Peritonitis Guidelines
 3. **Use of neutral pH, low glucose-degradation product dialysis solutions (low-grade evidence only)**

***Modulating the inflammatory response
during peritonitis to improve outcome?***

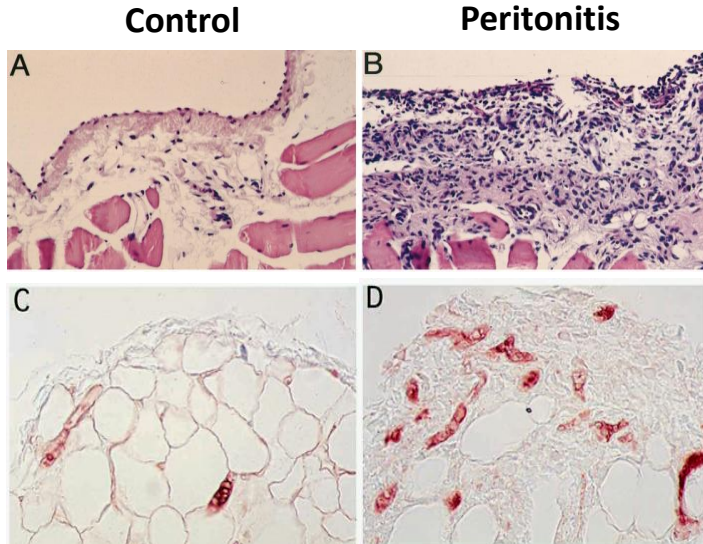
In PD-associated peritonitis, the inflammatory response is a 'double-edged sword'



Inflammation helps clearing pathogens...

...but also contributes to the burden of peritonitis

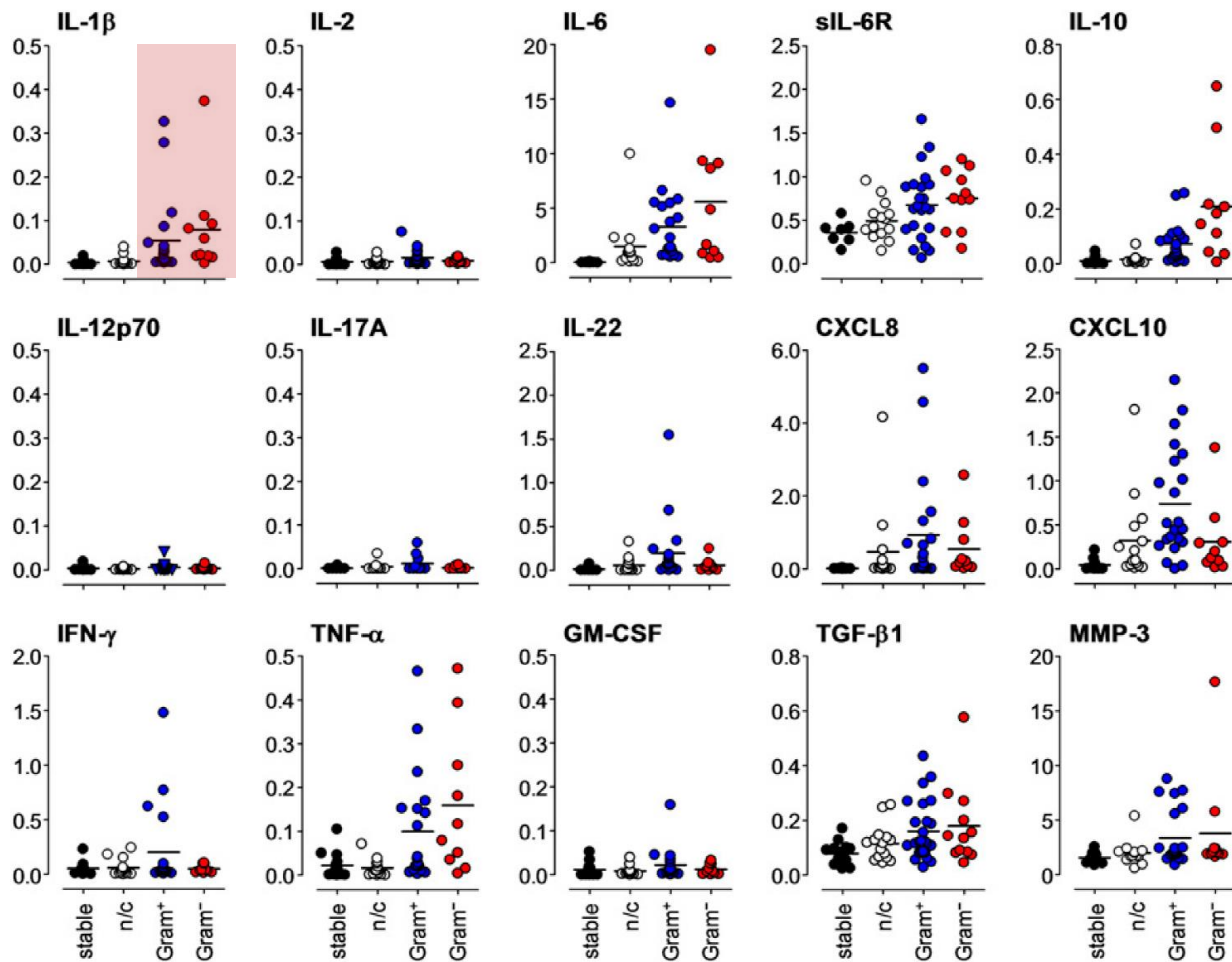
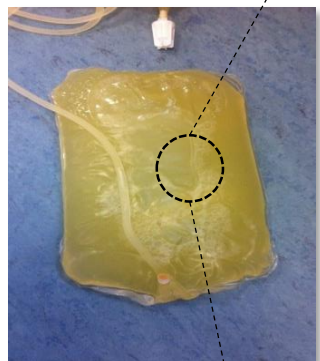
- Excess mortality
- Damage to the peritoneal membrane
 - Acute phase: angiogenesis, inflammatory infiltration and loss of ultrafiltration
 - Long-term: peritoneal fibrosis, membrane and technique failure



Too much inflammation → harmful

IL-1 β release during PD-associated peritonitis

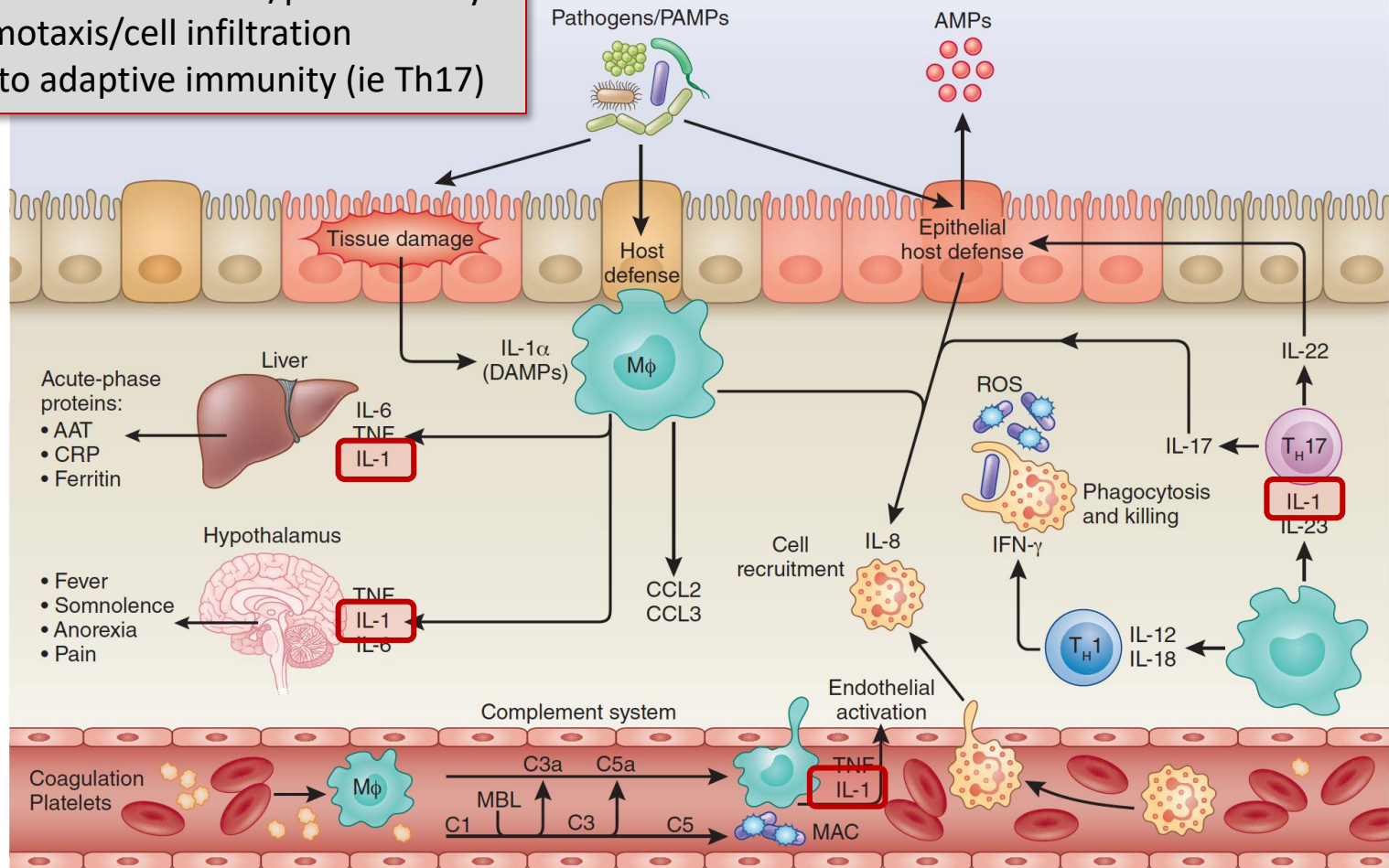
Peritoneal levels in stable PD patients and on day 1 of acute peritonitis



Central role of IL-1 in the inflammatory response

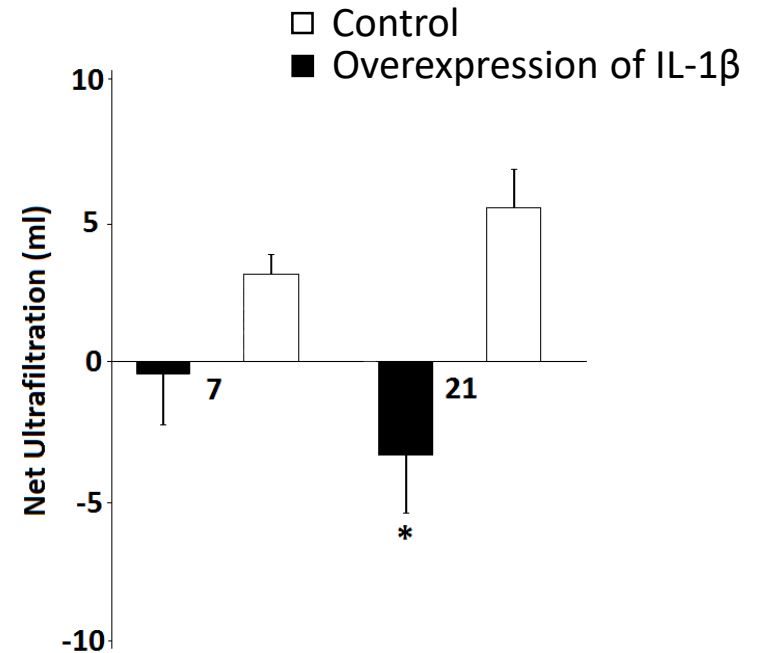
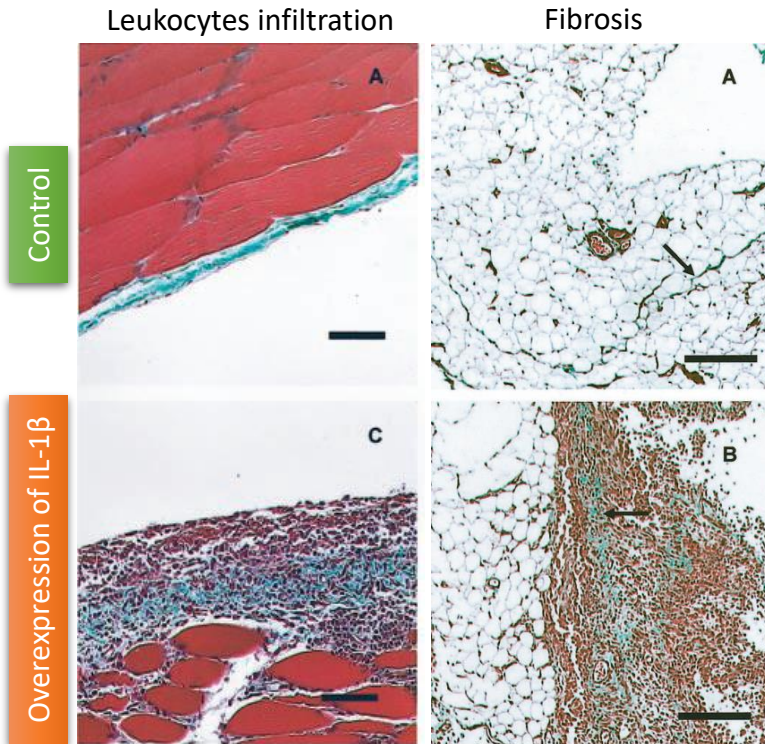
Effects of IL-1 β

- Systemic response: fever, anorexia, acute phase proteins
- Endothelial activation/permeability
- Chemotaxis/cell infiltration
- Link to adaptive immunity (ie Th17)



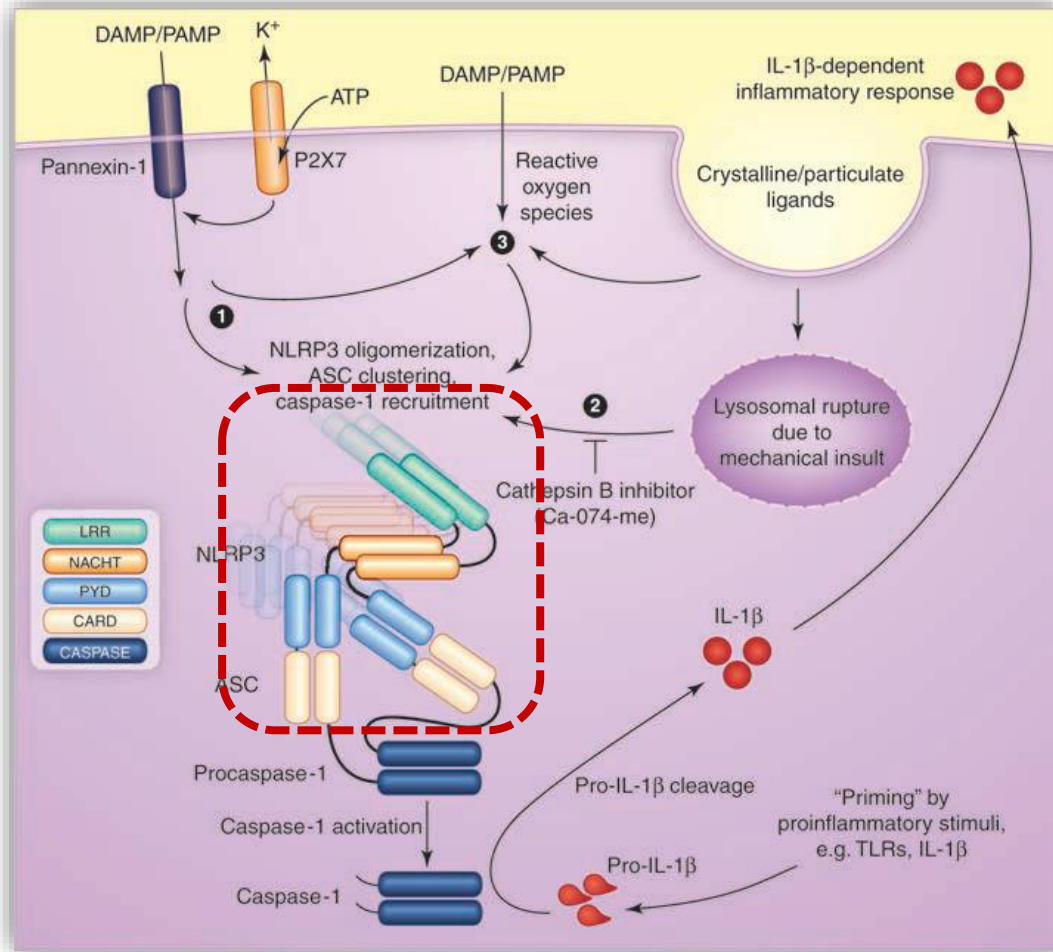
Detrimental effects of IL-1 β on the membrane

Adenovirus-mediated transfection of *IL1 β* gene to the rat peritoneal membrane



IL-1 β \rightarrow leukocytes infiltration, fibrosis and loss of ultrafiltration

Activation of IL-1 β is mediated by the inflammasome

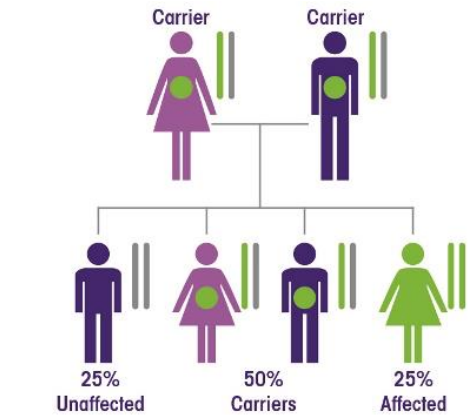
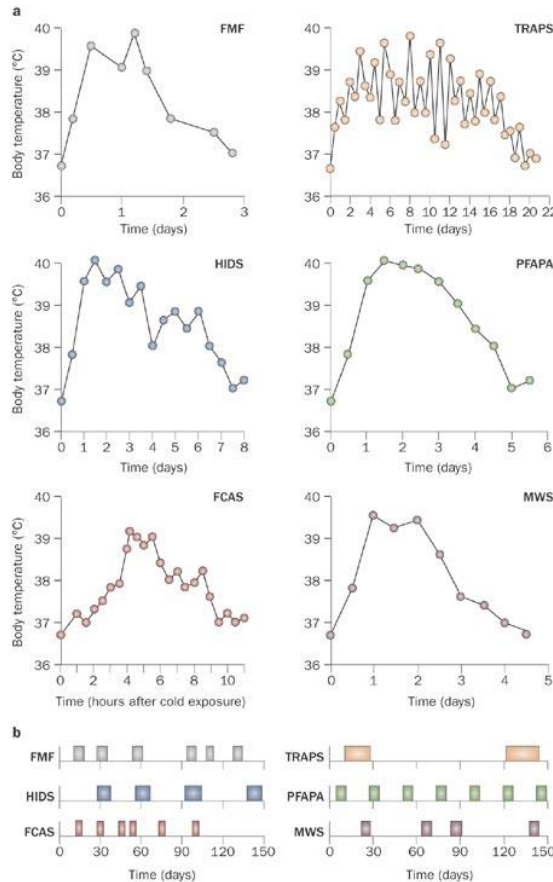


- Multiprotein platform
- Cytosol of immune cells
- Innate immune sensor
- Translates a microbial or metabolic stress into a potent inflammatory response
- Autocleavage and activation of caspase-1, which in turn cleaves pro-IL-1 β into IL-1 β

Genetic dysregulation of the inflammasome

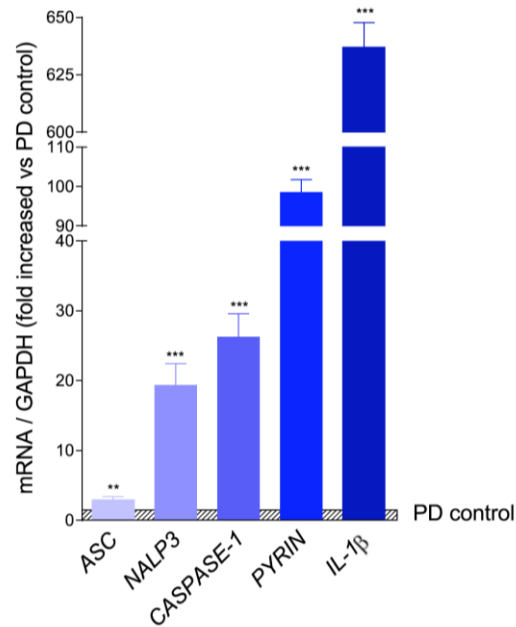
Cryopyrinopathies

- Auto-inflammatory diseases
- Familial Mediterranean Fever, TRAPS, Muckle-Wells,...
- Recurrent and spontaneous episodes of inflammation
- Periodic fever
- Systemic manifestations such as skin rash and peritonitis

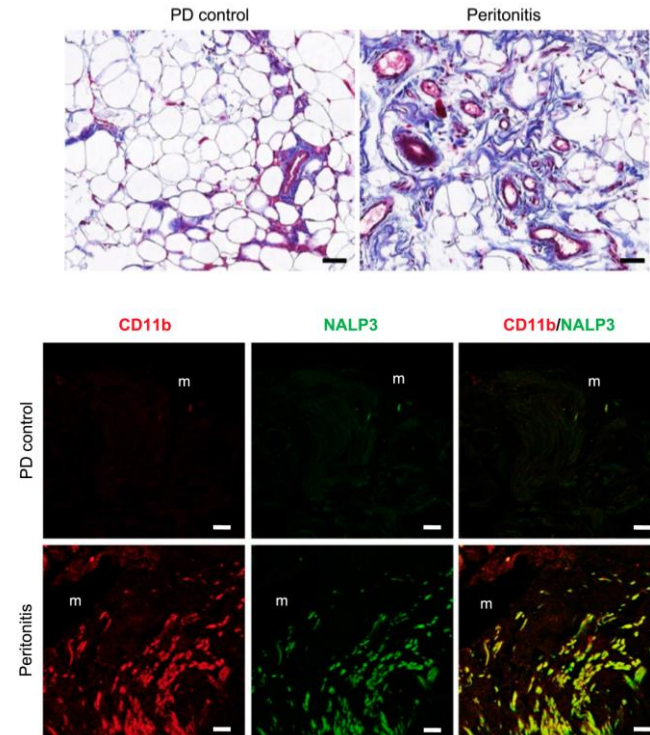


A role for the inflammasome in PD-associated peritonitis?

RT-PCR on total leukocytes
from PD patients with peritonitis (n=5) vs
controls (n=3)



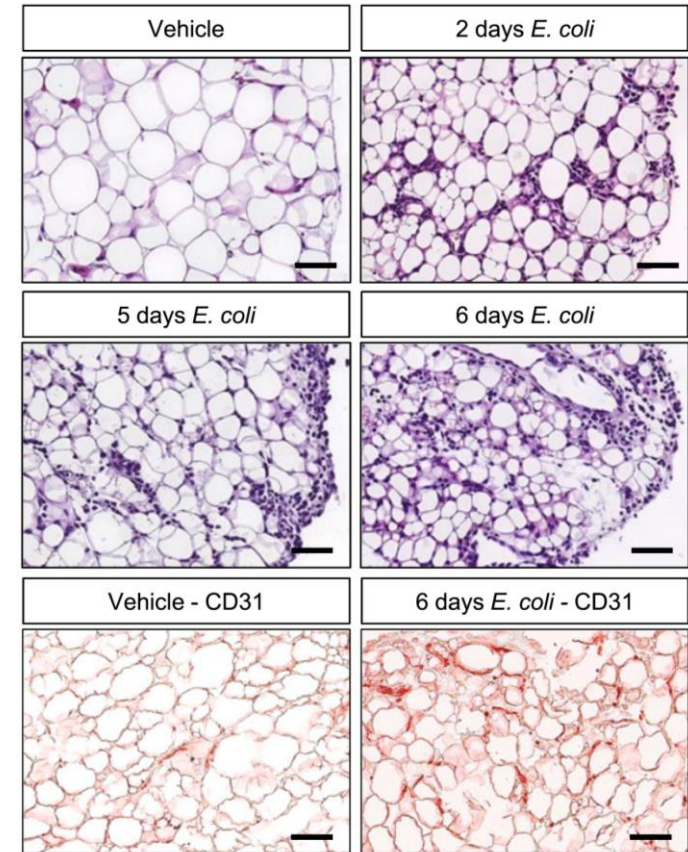
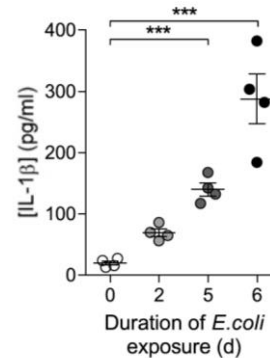
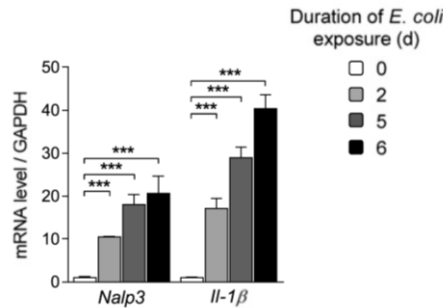
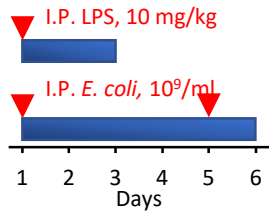
NLRP3 expression in the membrane
of a patient with PD-associated peritonitis vs
PD control



*Peritonitis → upregulation of inflammasome components
in immune cells of the peritoneal membrane*

Mouse models of acute PD-associated peritonitis

Intraperitoneal LPS or *E. coli* →

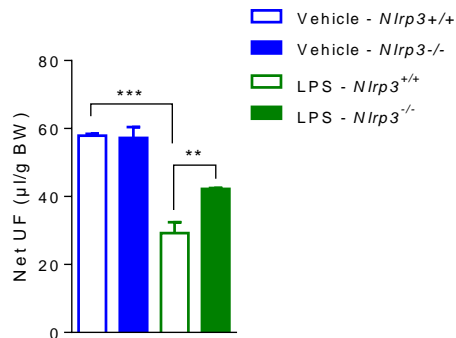
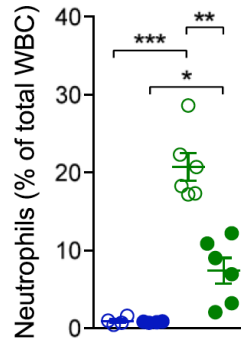
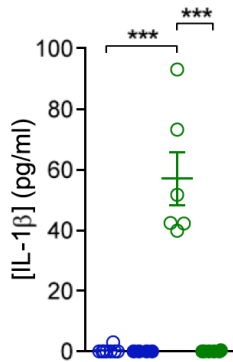
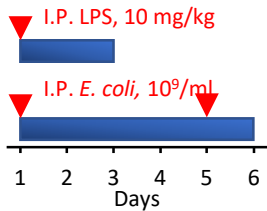


Acute peritonitis in mice

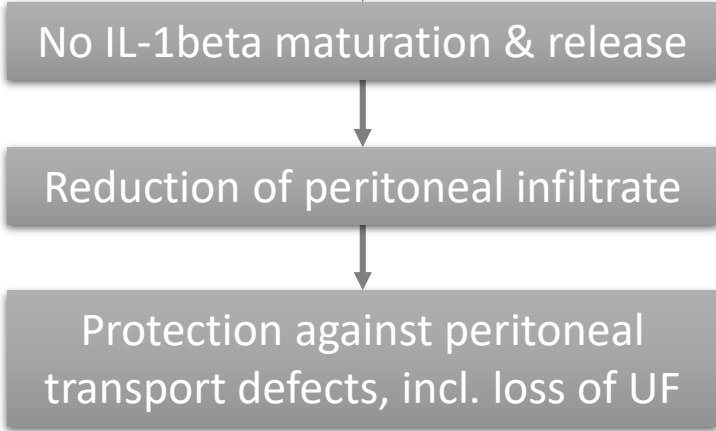
- Upregulation of inflammasome components
- Maturation and release of IL1β
- Peritoneal inflammation and angiogenesis, increased PSTR and loss of UF

Mouse models of acute PD-associated peritonitis

Intraperitoneal LPS or *E. coli*

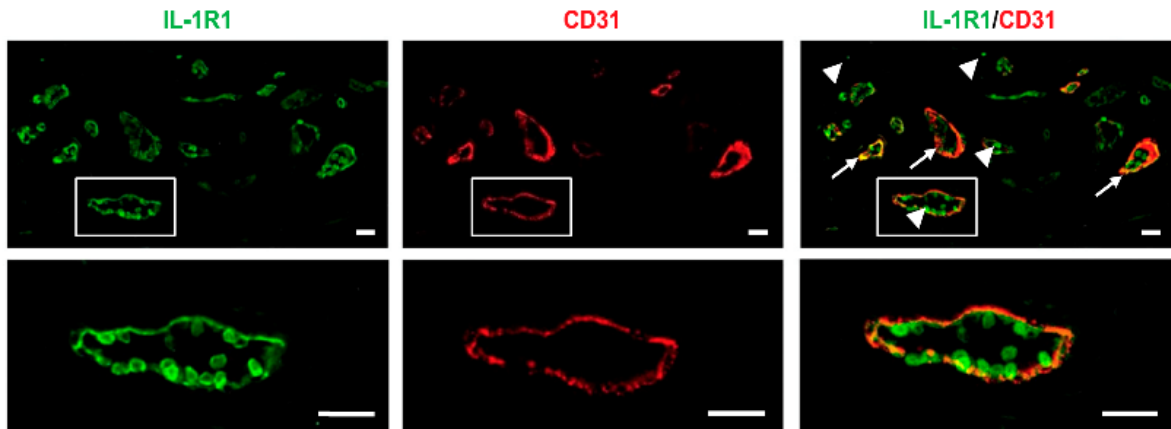


Nlrp3 knockout



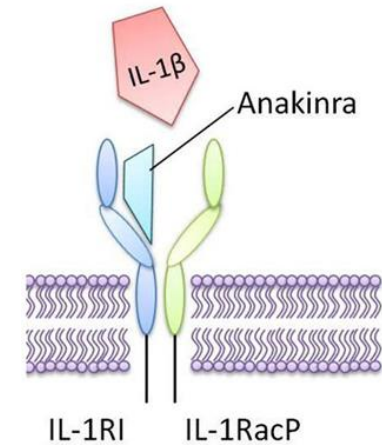
Pharmacological modulation of the NLRP3/IL1 β axis?

IL1-R1 expression
in the peritoneal membrane



- Microvascular endothelium (CD31⁺)
- Immune cells (CD31⁻)

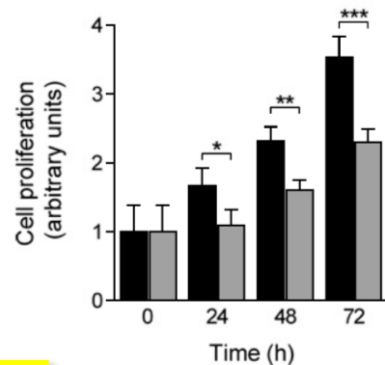
Anakinra
(IL-1R antagonist)



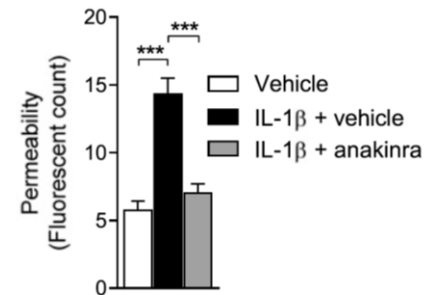
Interruption
of signal transduction

Effects of IL-1 β and anakinra on endothelial cells

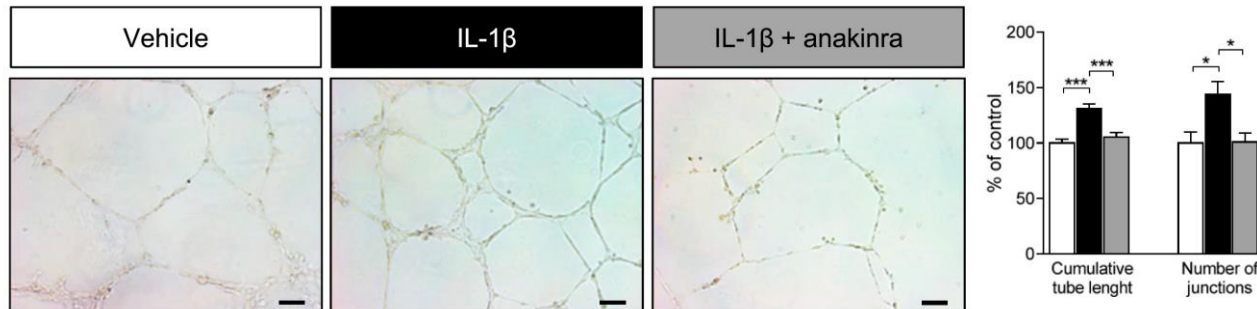
Cell proliferation



Permeability





Angiogenesis



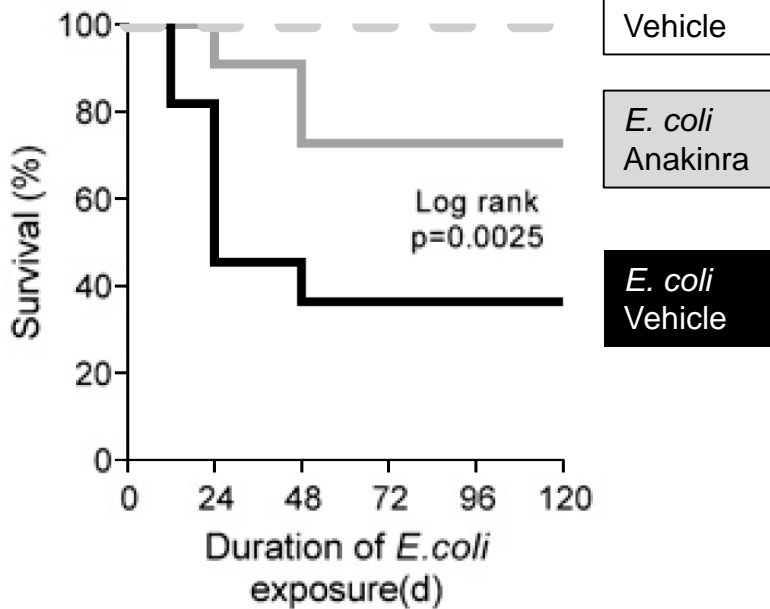
IL-1 β → endothelial cell proliferation and vascular permeability
Anakinra → protection against microvascular alterations

Beneficial effects of anakinra *in vivo*

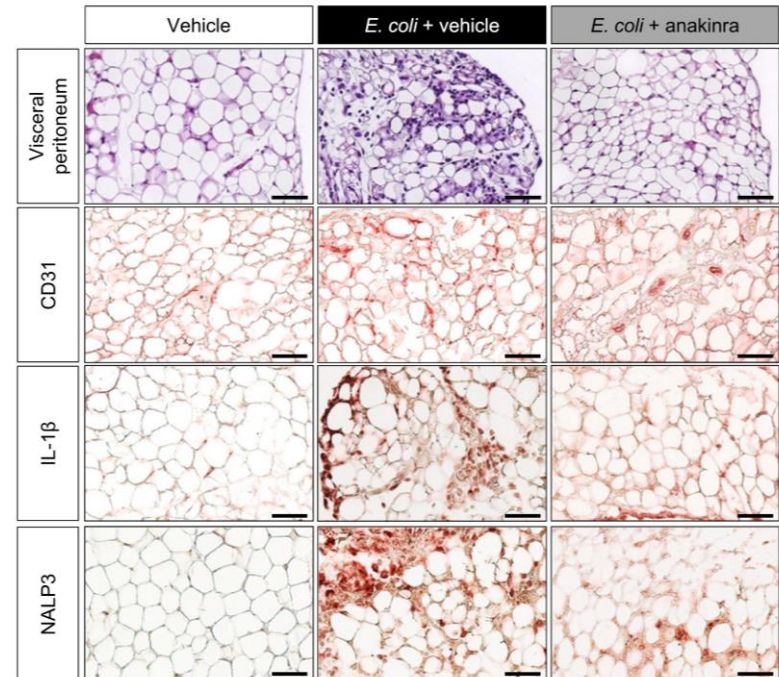


 I.P. *E. coli*, 10^9 /ml
 I.P. anakinra, 50 mg/kg

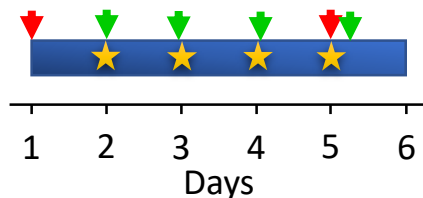
Survival



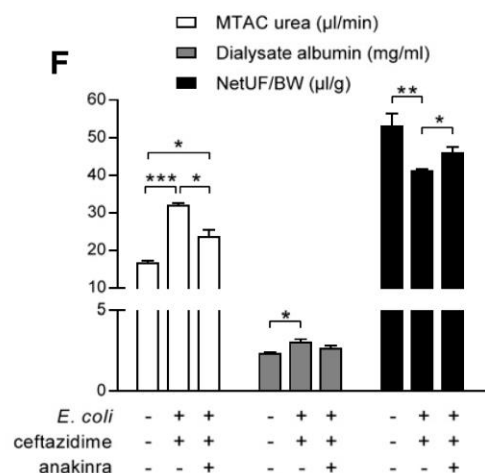
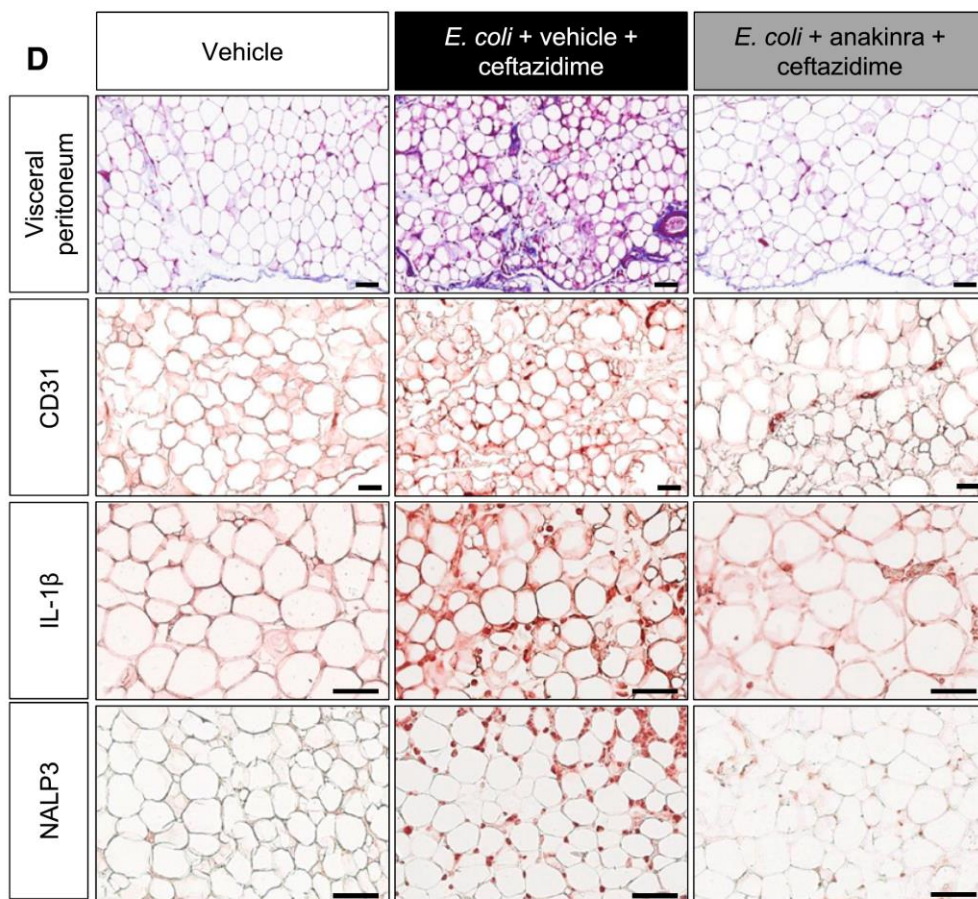
Membrane



Beneficial effects of anakinra *in vivo* - on top of antibiotics



- ▼ I.P. *E. coli*, 10^9 /ml
- ★ I.P. anakinra, 50 mg/kg
- ▼ I.P. ceftazidime, 40 mg/kg



Anakinra (antag. IL-1R)

- ↓ inflammatory infiltrate
- ↓ vascular proliferation
- Preservation of UF

#PD_inflammation

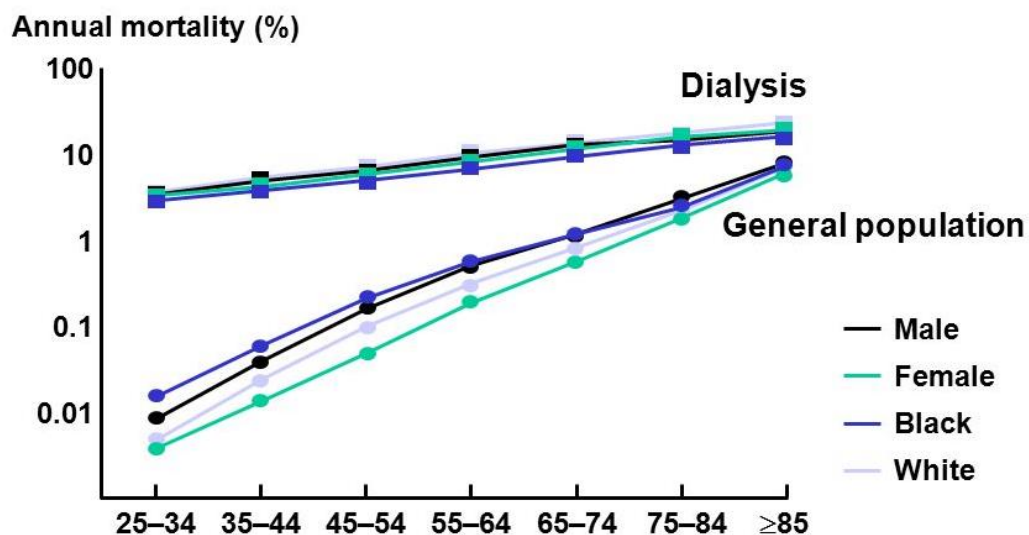
*Inflammation, solute transport
and the risk of fluid overload*

*Inflammation, membrane damage and EPS
in long-term PD*

*Preventing or modulating peritoneal
inflammation to improve outcome in PD*

Inflammation and cardiovascular mortality

Cardiovascular disease and the 'inflammation catalyst' hypothesis in ESRD



*Unacceptably high risk of cardiovascular events in patients on dialysis
Catalyst effect of persistent systemic inflammation*

Table 1. Association Between Inflammatory Markers and Clinical Outcomes of Dialysis Patients

Study	Subjects	Inflammatory marker	Follow-up duration	Results	95% CI
Wang et al, ¹² 2003	246 prevalent PD patients	hs-CRP (median, 2.84 mg/L)	24 mo (median)	All-cause mortality: HR, 1.02 (per mg/L) Cardiovascular mortality: HR, 1.03 (per mg/L)	1.01-1.04 1.01-1.05
Ducloux et al, ¹³ 2002	240 incident PD patients	CRP (median, 7 mg/L)	41 mo (median)	All-cause mortality: RR, 5.20 (4th quartile versus 1st quartile of CRP) Cardiovascular event: RR, 1.69 (4th quartile versus 1st quartile of CRP)	1.37-12.94 1.69-12.85
Liu et al, ¹⁴ 2014	402 prevalent PD patients	hs-CRP (mean, 9.6 mg/L)	24 mo (median)	All-cause mortality: RR, 1.01 (per mg/L) Technique failure: RR, 1.01 (per mg/L)	1.00-1.03 1.00-1.02
Pecoits-Filho et al, ¹⁸ 2002	99 incident PD and 74 incident HD patients	IL-6 (mean, 6.4 pg/mL)	37 mo (mean)	All-cause mortality: HR, 3.31 (per log ng/mL)	1.07-10.6
Lambie et al, ¹⁹ 2013	575 incident PD patients 384 prevalent PD patients	IL-6 IL-6	63 mo (median) 61 mo (median)	All-cause mortality: HR, 2.15 (per log IL-6) All-cause mortality: HR, 2.68 (per log IL-6)	1.22-3.78 1.28-5.58
Cho et al, ²⁰ 2015	175 incident PD patients	IL-6 (mean, 1.56 pg/mL)	24 mo	Cardiovascular event: IRR, 1.06 (per pg/mL)	1.02-1.10

**Systemic inflammation (CRP, IL-6)
→ poor outcome in ESRD patients**

Abbreviations: CI, confidence interval; HR, hazard ratio; IRR, incidence rate ratio; RR, relative risk.

Beneficial effects of modulating inflammation on the risk of CV events...in the non-ESRD population

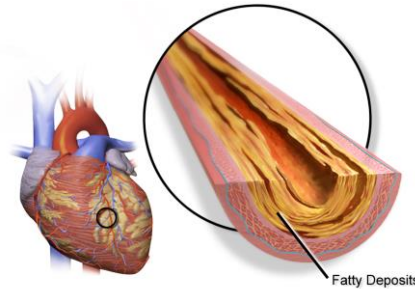
The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

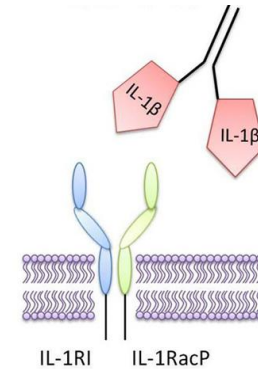
Antiinflammatory Therapy with Canakinumab for Atherosclerotic Disease



10,061
patients



Previous myocardial infarction
hsCRP level ≥ 2 mg/l



Canakinumab
vs. placebo (4-y follow-up)

Canakinumab \rightarrow 15-20% reduction in the risk of severe cardiovascular events

#PD_inflammation

- Peritoneal and systemic inflammation
 - Drives membrane damage and transport defects
 - Contributes to the excess mortality of ESRD patients treated with PD
- Prevention and treatment of inflammation in PD is a realistic option in clinical practice
- Understanding the causes and mechanisms of PD-associated inflammation will help (further) improving the safety and efficiency of PD

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4ème Symposium de Dialyse Extra-Hospitalière

Les 6 et 7 juin 2018

Square-Brussels Meeting Centre

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